

(12) INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(19) World Intellectual Property Organization  
International Bureau



(43) International Publication Date  
19 December 2002 (19.12.2002)

PCT

(10) International Publication Number  
**WO 02/100276 A1**

(51) International Patent Classification<sup>7</sup>: **A61B 5/15, 5/145**

Scotts Valley, CA 95066 (US). **PATEL, Paul** [US/US];  
1010 East Evelyn Avenue, Sunnyvale, CA 94086 (US).

(21) International Application Number: PCT/US02/18161

(22) International Filing Date: 7 June 2002 (07.06.2002)

(74) Agents: **HENRY, Thomas, Q.** et al.; Woodard, Emhardt,  
Naughton, Moriarty & McNett, Bank One Center/Tower,  
Suite 3700, 111 Monument Circle, Indianapolis, IN 46204  
(US).

(25) Filing Language: English

(26) Publication Language: English

(30) Priority Data:

60/296,949	8 June 2001 (08.06.2001)	US
60/296,950	8 June 2001 (08.06.2001)	US
09/879,991	14 June 2001 (14.06.2001)	US
60/315,873	29 August 2001 (29.08.2001)	US
60/315,968	29 August 2001 (29.08.2001)	US

(81) Designated States (*national*): AE, AG, AL, AM, AT, AU,  
AZ, BA, BB, BG, BR, BY, BZ, CA, CH, CN, CO, CR, CU,  
CZ, DE, DK, DM, DZ, EC, EE, ES, FI, GB, GD, GE, GH,  
GM, HR, HU, ID, IL, IN, IS, JP, KE, KG, KP, KR, KZ, LC,  
LK, LR, LS, LT, LU, LV, MA, MD, MG, MK, MN, MW,  
MX, MZ, NO, NZ, OM, PH, PL, PT, RO, RU, SD, SE, SG,  
SI, SK, SL, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ,  
VN, YU, ZA, ZM, ZW.

(84) Designated States (*regional*): ARIPO patent (GH, GM,  
KE, LS, MW, MZ, SD, SL, SZ, TZ, UG, ZM, ZW),  
Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM),  
European patent (AT, BE, CH, CY, DE, DK, ES, FI, FR,  
GB, GR, IE, IT, LU, MC, NL, PT, SE, TR), OAPI patent  
(BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR,  
NE, SN, TD, TG).

(71) Applicant (*for all designated States except US*): **AMIRA  
MEDICAL** [US/US]; 9115 Hague Road, Indianapolis, In-  
diana 46256 (US).

(72) Inventors; and

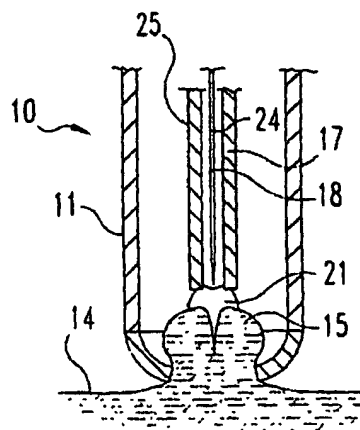
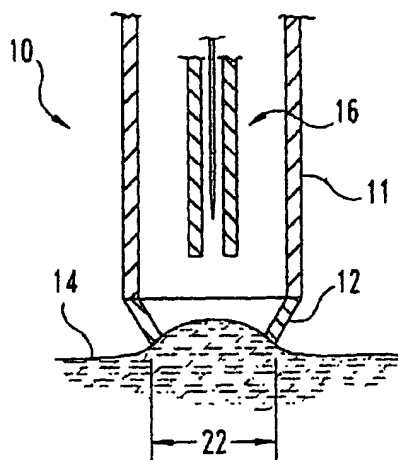
(75) Inventors/Applicants (*for US only*): **PEREZ, Edward, P.**  
[US/US]; Apt. H, 799 Berkeley St., Menlo Park, CA 94025  
(US). **RANEY, Charles, C.** [US/US]; 366 Collado Drive,

Published:

— with international search report

[Continued on next page]

(54) Title: DEVICES AND METHODS FOR THE EXPRESSION OF BODILY FLUIDS FROM AN INCISION



(57) Abstract: Systems and methods for the expression of bodily fluid from an incision in the skin include devices which bear against the skin in a manner to retain the fluid adjacent the incision site and urge the fluid inwardly toward the incision. One system utilizes a constricting member (12) which engages the skin at initial, outer positions, and moves to draw the skin into an inner position forming a bulged, pinch of skin (15) containing the incision site (20). The constricting member (12) comprises flexible or non-flexible components, and is formed as a single, continuous member or as a plurality of discrete elements.

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**Devices and Methods for the Expression of Bodily Fluids from an Incision****Reference to Related Applications/Patents**

This application is related to and claims priority from the following United States Patent Applications, Serial Nos. 09/879,991, filed by Perez et al. on June 14, 2001 (Atty Docket 1104); 60/296,949, filed by Perez on June 8, 2001 (Atty Docket 1106); 60/296,950, filed by Perez on June 8, 2001 (Atty Docket 1139); 60/315,873, filed by Perez et al. on August 29, 2001 (Atty Docket 1107); and 60/315,968, filed by Perez et al. on August 29, 2001 (Atty Docket 1125). The disclosures in the foregoing applications are hereby incorporated by reference.

**Background of the Invention****Field of the Invention**

The present invention relates to the sampling of a bodily fluid obtained from an incision in the skin, and more particularly to acquiring the fluid by capillary action. The invention also may include the combination of such sampling devices and methods with incising, expressing, and/or testing systems.

**Description of the Prior Art**

The acquisition and testing of bodily fluids is useful for many purposes, and continues to grow in importance for use in medical diagnosis and treatment, and in other diverse applications. In the medical field, it is desirable for lay operators to perform tests routinely, quickly and reproducibly outside of a laboratory setting, with rapid results and a readout of the resulting test information. Testing can be performed on various bodily fluids, and for certain applications is particularly related to the testing of blood and/or interstitial fluid. Such fluids can be tested for a variety of characteristics of the fluid, or analytes contained in the fluid, in order to identify a medical condition, determine therapeutic responses, assess the progress of treatment, and the like.

The testing of bodily fluids basically involves the steps of obtaining the fluid sample, transferring the sample to a test device, conducting a test on the fluid sample, and displaying the results. These steps are generally performed by a plurality of separate instruments or devices.

One method of acquiring the fluid sample involves inserting a hollow needle or syringe into a vein or artery in order to withdraw a blood sample. However, such direct vascular blood sampling can have several limitations, including pain, infection, and hematoma and other bleeding complications. In addition, direct vascular blood sampling is not suitable for repeating on a routine basis, can be extremely difficult and is not advised for patients to perform on themselves.

The other common technique for collecting a bodily fluid sample is to form an incision in the skin to bring the fluid to the skin surface. A lancet, knife or other cutting instrument is used to form the incision in the skin. The resulting blood or interstitial fluid specimen is then collected in a small tube or other container, or is placed directly in contact with a test strip. The fingertip is frequently used as the fluid source because it is highly vascularized and therefore produces a good quantity of blood. However, the fingertip also has a large concentration of nerve endings, and lancing the fingertip can therefore be painful. Alternate sampling sites, such as the palm of the hand, forearm, earlobe and the like, may be useful for sampling, and are less painful. However, they also produce lesser amounts of blood. These alternate sites therefore are generally appropriate for use only for test systems requiring relatively small amounts of fluid, or if steps are taken to facilitate the expression of the bodily fluid from the incision site.

Various methods and systems for incising the skin are known in the art. Exemplary lancing devices are shown, for example, in United States Patent Nos. Re 35,803, issued to Lange, et al. on May 19, 1998.; 4,924,879, issued to O'Brien on May 15, 1990; 5,879,311, issued to Duchon et al. on February 16, 1999; 5,857,983, issued to Douglas on January 12, 1999; 6,183,489, issued to Douglas et al. on February 6, 2001; 6,332,871, issued to Douglas et al. on December 25, 2001; and 5,964,718, issued to Duchon et al. on October 12, 1999. A representative commercial lancing device is the Accu-Chek Softclix lancet.

Patients are frequently advised to urge fluid to the incision site, such as by applying pressure to the area surrounding the incision to milk or pump the fluid from the incision. Mechanical devices are also known to facilitate the expression

of bodily fluid from an incision. Such devices are shown, for example, in United States Patent Nos. 5,879,311, issued to Duchon et al. on February 16, 1999; 5,857,983, issued to Douglas on January 12, 1999; 6,183,489, issued to Douglas et al. on February 6, 2001; 5,951,492, issued to Douglas et al. on September 14, 5 1999; 5,951,493, issued to Douglas et al. on September 14, 1999; 5,964,718, issued to Duchon et al. on October 12, 1999; and 6,086,545, issued to Roe et al. on July 11, 2000. A representative commercial product that promotes the expression of bodily fluid from an incision is the Amira AtLast blood glucose system.

The acquisition of the produced bodily fluid, hereafter referred to as the 10 "sampling" of the fluid, can take various forms. Once the fluid specimen comes to the skin surface at the incision, a sampling device is placed into contact with the fluid. Such devices may include, for example, systems in which a tube or test strip is either located adjacent the incision site prior to forming the incision, or is moved to the incision site shortly after the incision has been formed. A sampling tube 15 may acquire the fluid by suction or by capillary action. Such sampling systems may include, for example, the systems shown in US Patent Nos. 6,048,352, issued to Douglas et al. on April 11, 2000; 6,099,484, issued to Douglas et al. on August 8, 2000; and 6,332,871, issued to Douglas et al. on December 25, 2001. Examples of commercial sampling devices include the Roche Compact, Amira AtLast, 20 Glucometer Elite and Therasense FreeStyle test strips.

The bodily fluid sample may be analyzed for a variety of properties or components, as is well known in the art. For example, such analysis may be directed to hematocrit, blood glucose, coagulation, lead, iron, etc. Testing systems include such means as optical (e.g., reflectance, absorption, fluorescence, Raman, 25 etc.), electrochemical, and magnetic means for analyzing the sampled fluid. Examples of such test systems include those in US Patent Nos. 5,824,491, issued to Priest et al. on October 20, 1998; 5,962,215, issued to Douglas et al. on October 5, 1999; and 5,776,719, issued to Douglas et al. on July 7, 1998.

Typically, a test system takes advantage of a reaction between the bodily 30 fluid to be tested and a reagent present in the test system. For example, an optical test strip will generally rely upon a color change, i.e., a change in the wavelength

absorbed or reflected by dye formed by the reagent system used. See, e.g., US Patent Nos. 3,802,842; 4,061,468; and 4,490,465.

5 A common medical test is the measurement of blood glucose level. The glucose level can be determined directly by analysis of the blood, or indirectly by analysis of other fluids such as interstitial fluid. Diabetics are generally instructed to measure their blood glucose level several times a day, depending on the nature and severity of their diabetes. Based upon the observed pattern in the measured glucose levels, the patient and physician determine the appropriate level of insulin to be administered, also taking into account such issues as diet, exercise and other factors.

10 In testing for the presence of an analyte such as glucose in a bodily fluid, test systems are commonly used which take advantage of an oxidation/reduction reaction which occurs using an oxidase/peroxidase detection chemistry. The test reagent is exposed to a sample of the bodily fluid for a suitable period of time, and there is a color change if the analyte (glucose) is present. Typically, the intensity of this change is proportional to the concentration of analyte in the sample. The color of the reagent is then compared to a known standard which enables one to determine the amount of analyte present in the sample. This determination can be made, for example, by a visual check or by an instrument, such as a reflectance spectrophotometer at a selected wavelength, or a blood glucose meter.

20 Electrochemical and other systems are also well known for testing bodily fluids for properties on constituents.

The present invention provides for enhancing the fluid sampling and testing by assisting in the expression of the fluid from the incision. Expression of the fluid is always useful in order to increase the quantity of bodily fluid available for acquisition by a sampling device. Such larger quantities make it easier to quickly and reliably acquire the fluid, and reduce the potential that there will be an insufficient quantity of fluid acquired for testing to be performed. When used at the fingertip, expression results in an even larger quantity of fluid being produced in a shorter period of time, thereby providing a suitable amount of fluid for tests requiring relatively larger quantities. When used at alternate sites, the fluid

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expression can be important to provide a sufficient quantity of fluid to be acquired and tested by a given system.

### **Summary of the Invention**

The present invention provides various systems and methods for the expression of bodily fluid from an incision in the skin. The invention encompasses separate expression devices as well as combination systems including incising,  
5 sampling and/or testing systems.

In accordance with one aspect of the present invention, there is provided a device for expressing bodily fluid from an incision site which includes a body and a constricting member connected to the body and defining opposed, skin-engaging surfaces. The constricting member has a first condition with the skin-engaging  
10 surfaces contacting the skin at initial, outer positions, and a second condition with the skin-engaging surfaces engaging and drawing the skin into an inner position forming a bulged, pinch of skin containing the incision site. The constricting member deforms or moves between the first and second conditions, and may comprise flexible or non-flexible components. The constricting member may also  
15 be formed as a single, continuous member or as a plurality of discrete elements.

In accordance with a second aspect of the present invention, there is provided a device for expressing bodily fluid from an incision site including a body defining a cavity and a bi-stable expression member connected to the body adjacent to the interior cavity. The expression member includes a skin-engaging  
20 portion having first and second stable conditions, with the portion in the first stable condition being outwardly bulged relative to the body, and the portion in the second stable condition being inverted and received within the cavity of the body. The exterior of the skin-engaging portion includes an exterior surface and defines an aperture communicating between the exterior surface and the cavity. The skin-  
25 engaging portion engages the skin and draws the skin into the member as the skin-engaging portion inverts from the first condition to the second condition. The exterior surface of the skin-engaging portion is optionally configured or treated to enhance the grasping of the skin, such as by providing projections or a sticky coating.

30 In a third aspect, the present invention provides a device for expressing bodily fluid from an incision site which includes a body and a pressing member



connected with the body and including deformable portions defining opposed, skin-engaging surfaces. The deformable portions having first positions contacting the skin and second positions engaging the skin and displaced from the first positions. The deformable portions are configured to deform from the first  
5 positions to the second positions upon pressing the member against the skin a sufficient amount. The deformable portions of the pressing member may comprise flexible or non-flexible components, and may also be formed as a single, continuous member or as a plurality of discrete elements.

The present invention further encompasses the combination of the  
10 foregoing expression systems with each other, as well as with other expression devices known in the art. Moreover, the invention includes the combination of the expression systems with incising, sampling and/or testing systems, particularly in a single, integrated device. The present invention also contemplates the associated methods for expressing bodily fluid from an incision, including in combination  
15 with methods for incising, sampling and/or testing of the bodily fluid.

**Brief Description of the Drawings**

FIG. 1 is a front, elevational view of a fluid testing device including an expression system in accordance with an embodiment of the present invention.

FIG. 2 is a cross-sectional view of the testing device of FIG. 1.

5      FIG. 3 is a distal end, plan view of the testing device of FIG. 1.

FIG. 4 is a partial, cross-sectional view of the testing device of FIG. 1.

FIG. 5 is a partial cross-sectional view of the device, showing the expression member in the constricting position.

10      FIG. 6 is a partial cross-sectional view of the device, showing the incising of the skin.

FIG. 7 is a partial cross-sectional view of the device showing the acquisition of the bodily fluid by a sampling system.

FIGS. 8-10 are partial, cross-sectional views showing alternate configurations of the expression member.

15      FIG. 11 is a side, cross-sectional view of a test strip including an expression system in accordance with an alternate embodiment of the present invention.

FIG. 12 is a bottom, plan view of the test strip of FIG. 11, partially in cross section.

20      FIG. 13 is a side, cross-sectional view of the test strip of FIG. 11, showing the expression system in the constricting position.

FIG. 14 is a side, cross-sectional view of the test strip of FIG. 11, showing the bodily fluid being acquired by the capillary passageway in the test strip.

25      FIG. 15 is a side, elevational view, partially in cross-section, showing a further embodiment of the present invention including movable, rigid constricting elements.

FIG. 16 is a side, elevational view, partially in cross-section, showing the device of FIG. 15 with the elements in the constricting position.

FIG. 17 is a partial, side view of the device of FIG. 15, showing the attachment of the constricting elements.

30      FIG. 18 is a side, elevational view of another embodiment of an expression system in accordance with the present invention.

FIG. 19 is a side, cross-sectional view of the device of FIG. 18.

FIG. 20 is a side, cross-sectional view of the device of FIG. 18, showing the expression member in the inverted position.

FIG. 21 is a side, cross-sectional view of an additional embodiment of an expression system according to the present invention.

FIG. 22 is a side, cross-sectional view of the device of FIG. 21, showing the expression elements in the deformed condition.

FIG. 23 is a side, cross-sectional view of an alternate embodiment of the expression system of FIG. 21.

FIG. 24 is a distal end, elevational view of the expression system of FIG. 23.

FIG. 25 is a partial, cross-sectional view of a fluid sampling device including a combined expression system in accordance with one embodiment of the present invention.

FIG. 26 is a side, cross-sectional view of a lancing device further incorporating an expression system of the present invention.

FIG. 27 is a side, elevational view of a lancet holder useful in the device of FIG. 26.

FIG. 28 is a partial, cross-sectional view of the skin-engaging portion of the device of FIG. 26, and further showing a test strip mounted therein.

FIG. 29 is a cross-sectional view of the device of FIG. 26 taken along the line 26-26 and viewed in the direction of the arrows.

FIG. 30 is a side, elevational view of an alternate embodiment of an integrated fluid testing device according to an embodiment of the present invention.

FIGS. 31 and 32 are partial, cross-sectional views of the fluid testing device of FIG. 30, showing in particular the expression of fluid from the skin and movement of the fluid up to the test area.

### **Description of the Preferred Embodiment**

For the purposes of promoting an understanding of the principles of the invention, reference will now be made to the embodiments illustrated in the drawings and specific language will be used to describe the same. It will  
5 nevertheless be understood that no limitation of the scope of the invention is thereby intended, such alterations and further modifications in the illustrated devices and methods, and such further applications of the principles of the invention as illustrated therein being contemplated as would normally occur to one skilled in the art to which the invention relates.

10 The present invention provides a variety of devices and methods which separately or in combination are useful in enhancing the expression of fluid from an incision in the skin. This expression of the fluid results in a fluid sample that is larger, and/or produced more quickly, than would otherwise result. Expression of a bodily fluid from an incision is desirable in many instances. The lancing of the  
15 skin may produce a sufficient quantity of blood or interstitial fluid, but expression of the fluid from the incision will provide greater assurance that a sufficient quantity has been produced, and that the sample may be successfully and readily acquired. Also, expression of the bodily fluid is advantageous in the use of alternate test sites, such as the palm or forearm, because the quantity of fluid  
20 produced without expression can be significantly less than the amount produced at the fingertip. While some test devices will operate with greatly reduced fluid volumes, a greater volume of fluid makes it easier to acquire the fluid for testing. The present invention provides devices and methods that greatly enhance the expression of fluid from an incision.

25 The expression of fluid is also important when used in combination devices. The expression of fluid in the context of an integrated lancing and sampling device, for example, is advantageous since it is more difficult to view the fluid sample and it is therefore more important that the sample is sufficient for sampling and testing purposes. The present invention is readily combined in a  
30 single, integrated unit with incising, sampling and/or testing devices.

The fluid is obtained from an incision formed in the surface of the skin. The incising of the skin may be accomplished by any suitable means, including cutting with a mechanical instrument, laser, high speed fluid stream, etc. Of these, lancing the skin is most common and is preferred, and specific descriptions herein use lancing for purposes of example. It will be appreciated, however, that lancing is only exemplary, and all forms of making an incision in the skin are included.

The depth of penetration generally controls the fluid produced, particularly in combination with the characteristics of the incision site. The present invention is useful with various bodily fluids, including blood or interstitial fluid. The incising device may be configured for production of either blood or interstitial fluid, for example, by controlling the distance which the incising device extends into the user's skin. For example, a depth of 0.25 mm to 4 mm will typically produce blood from the dermis, while a depth of 0.05 mm to 0.5 mm will produce interstitial fluid from the epidermis.

The present invention encompasses the concept that bodily fluid can be expressed from an incision by a variety of methods and devices that retain the fluid adjacent the incision and/or urge the fluid toward the incision. One concept involves constricting the area surrounding the incision, thereby retaining the bodily fluid within the constricted location and at the same time urging the fluid toward the incision. A second concept involves pressing the skin surrounding the incision, thereby increasing the pressure on the fluid and forcing it to move toward and out of the incision. A third concept involves the "kneading" of the skin by moving a device along the skin in the direction of the incision, thereby pushing the fluid toward and out of the incision. The present invention further contemplates the combination of any two or all three of these modes of expression.

The fluid expression functions to facilitate the production of fluid at the site of an incision. As used herein, the term "incision" is intended to cover any opening in the skin that permits direct access to the bodily fluid. Unless indicated otherwise, the expression systems can be used before and/or after the incision is formed. Therefore the term "incision site" is intended to include the site where an

incision either has been or will be formed, unless from the context or express language it is clear otherwise.

One of the approaches to expression in accordance with the present invention is the constriction of the skin surrounding the site of the incision. The  
5 constriction may occur before, during and/or after the incision is formed. The term  
constriction is intended herein to refer to contacting the skin at locations outward  
of the incision site and then moving a portion of the skin inward toward the  
incision site and holding the skin in that position. The initial engagement of the  
skin and the subsequent movement inwardly of the skin essentially grasps the skin  
10 at the surface and pinches the skin in a manner to retain it in the constricted  
position. This provides a portion of skin around the incision site that is engaged by  
the constriction device and is retained in this position for a period of time, typically  
while the incising and sampling take place. The skin will have the appearance of a  
raised pucker or pinch of skin which includes the incision site. This constriction of  
15 the skin is distinguished from mere pressing against the skin. The bodily fluid is  
held within the region of the constriction and is also urged toward the incision by  
pressure generated by the constricting device.

In one embodiment, the constriction device comprises a deformable  
member positioned at the end of a support housing. The deformable member  
20 engages the skin as the device is initially pressed against the skin. As the device is  
further pressed against the skin, the member deforms such that the engaging  
surface grasps the skin and moves it inwardly toward the incision site. In this  
embodiment, the deformed member is preferably configured such that pressing the  
member against the skin automatically causes the member to deform in a manner  
25 that constricts the skin. In a preferred embodiment, the deformation of the member  
comprises non-permanent flexing of the member between the outer and inner  
positions. However, the invention also contemplates the use of a member that  
deforms in a manner that is permanent, or at least not fully reversible. The  
deforming member may be constructed from a variety of pliable, biocompatible  
30 materials suitable to produce such flexing or other deformation, including for

example silicone, urethane, polyvinyl chloride, delrin, and various other natural and synthetic materials having the requisite physical properties.

Referring in particular to the drawings, there is shown a fluid expression device 10 constructed in accordance with a first embodiment of the present invention. Device 10 (FIG. 1) includes a housing 11 having a deformable expression member 12 at the end thereof. For purposes of illustration, the deformable member is described hereafter with respect to a flexible member. Housing 11 is typically an elongated, cylindrical member which is readily grasped by the user, but the housing may have a variety of other shapes. The material used for the housing is not critical, and may comprise, for example, various metals and plastics. The housing typically will contain other systems for incising, sampling and/or testing the bodily fluid.

The expression member 12 is connected to or integral with the housing and defines a plurality of distal end, skin-engaging surfaces, for example, 13a and 13b. In the embodiment shown, the expression member comprises a continuous, perimetric surface 13 defining the opposed, skin-engaging surfaces. The surfaces are "opposed" in the sense that movement of the surfaces will result in the constriction of the skin as previously described. The surfaces move from a first, skin-contacting position (FIG. 4) to a second, skin-constricting position (FIG. 5). The surfaces may move directly toward each other, or simply in a direction sufficient to constrict the skin. For example, one set of skin-engaging surfaces could move in parallel toward a second set of opposed, skin-engaging surfaces. Also, one or more of the skin-engaging surfaces may be fixed relative to the housing, while other of the surfaces move relative to the fixed surfaces. In a preferred embodiment, the skin-engaging member provides surfaces which fall within a circular pattern and the surfaces are then preferably diametrically opposed, or equi-radially spaced about the circular configuration. In deforming, the circular or other form of the member may reduce in size or may change shape. In the latter instance, for example, a circular shape may be changed to an oval or oblong shape such that the skin is pinched from two opposing sides.

In use, the surfaces 13 contact the skin surface 14 as the device 10 is pressed (downwardly in FIG. 4) against the skin. The device is then pressed further against the skin and the surfaces 13 engage the skin and urge the skin inward as the expression member flexes (FIG. 5). This action produces an upwardly-bulged, pinch of skin 15. The inward and upward movements of the skin-engaging surfaces constrict the skin, holding bodily fluid within the constricted area and applying a pressure that will urge the fluid toward and out of an incision.

The expression member 12 has been described as being a flexible member. This indicates that releasing the pressure and removing the device from the skin will result in a return of the member to the starting shape shown in FIG. 4. The use of a flexible member is preferable in that the device is thereby available for repeated use. However, alternatively the deformation of the member may be permanent or only partially reversible. In that event, the member will not return to its original shape. Such devices may not be reusable without replacement of the deforming expression member. However, this may be suitable in certain applications, such as in a clinical setting where it would be appropriate to replace the skin-engaging member after each use. The deforming member can be readily adapted for replacement on the housing, such as by the use of a snap, press or threaded fit of the member to the housing.

The constriction device finds particular advantage in combination with an incising system constituting a part of an overall integrated device. As used herein, incising is intended to mean generally any way to form an incision in the skin to enable fluid to be accessed directly. Described hereafter is an exemplary device using a lancet to form the incision.

As shown in the drawings, the device 10 may include, for example, a lancing device 16 operable to incise the bulged skin. In this version, the lancing device 16 includes a capillary tube 17 and a lancet 18 longitudinally movable within the capillary tube. In accordance with the method depicted in the drawings, the lancing device 16 is positioned to have its distal end adjacent the pinch of skin formed by the constriction device (FIG. 5). The lancet 18 is then advanced beyond



the end 19 of the capillary tube 17 a predetermined distance to enter the skin and form an incision 20 of desired depth (FIG. 6). The lancet 18 is then withdrawn from the incision and a drop of blood or interstitial fluid 21 exits from the incision.

The constriction of the skin adjacent the incision ensures that fluid within  
5 that region will be retained, rather than moving away from the site. The  
constriction of the skin further provides a bulged, pressurized pinch of skin 15  
which tends to spread the incision apart after it is formed. This facilitates the  
expression of fluid from the incision since the skin is prevented from reclosing  
around the incision. In addition, the pressure maintained by the constricting  
10 member urges fluid to exit the incision once it is formed.

The spacing and movement of the skin-engaging surfaces of the  
constriction member are selected to provide the desired expression results. The  
member 13 moves between a first condition with the surfaces contacting the skin  
and located at initial, outer positions (FIG. 4), and a second condition with the  
15 surfaces engaging the skin and located at constricting, inner positions (FIG. 5).  
The skin is drawn inward as the skin-engaging surfaces move from the outer  
positions to the inner positions. The initial and constricted spacings of the skin-  
engaging surfaces may be varied depending on the targeted bodily fluid, the  
incision site, for example, the finger versus alternate sites, and other  
20 considerations. In a typical device, for example, the outer contacting dimension 22  
(FIG. 4) is about 5 to about 30 mm, preferably about 15 to about 25 mm, and the  
inner constricting dimension 23 (FIG. 5) is about 2 to about 9 mm, preferably  
about 6 to about 8 mm.

The particular procedure represented in the drawings involves the  
25 constricting of the skin prior to and during lancing. It will be appreciated,  
however, that the constriction may also be applied simultaneously with or after the  
formation of the incision. Further, the constriction device is shown as being  
combined in a single device with the lancing system. However, the constricting  
device is also applicable for use as a separate device that is applied to the skin over  
30 an incision site.

The described embodiment further demonstrates the inclusion of a sampling device useful for acquiring the fluid formed at the incision site. The capillary tube 17 defines an annular, capillary passageway 24 between the lancet 18 and the interior wall of the capillary tube. The capillary tube is positioned to  
5 contact the fluid droplet 21 as it forms (FIG. 7). As the droplet is generated, it eventually grows to a sufficient size that it contacts the end opening of the capillary passageway. The fluid is then drawn upwardly into the annular passageway 24 by capillary action. This action can be enhanced by using a capillary tube having an interior passageway which is formed of a material that is  
10 naturally hydrophilic or has been treated to be hydrophilic, or which is covered, e.g., coated, with a hydrophilic material. The capillary tube may further be treated or constructed to have a hydrophobic outer surface 25 to inhibit attraction of the bodily fluid to the exterior of the capillary.

The constriction member may assume a variety of particular shapes and  
15 compositions. For example, referring to FIGS. 8-10, there are shown several expression devices 10a-10c having alternative configurations for the constriction member 12. As these drawings demonstrate, the shape of the constriction member may include such variations as rounded (12a), squared (12b) and bulged (12c) profiles. The skin-engaging surfaces 13 may be perpendicular with or angled to  
20 the adjacent portion of the constriction member, the longitudinal axis of the device 10, and/or the skin surface. The shapes and sizes are selected such that the deformation of the member provides a desired grasping and constriction of the skin.

The constriction member may be formed in a variety of manners. The  
25 member may be a single, unitary material. Alternatively, the member may be formed from several individual members that are separately attached to the housing or are joined together as an integral unit. The member may be uniform in composition, or it may be constructed of different materials, including materials having different physical properties, such as different durometers or other  
30 parameters that allow for tailoring the deformation characteristics of the member. For example, the flex or other deformation rate of different portions of the

constriction member may be selected to control the rate and shape in which the member deforms, thereby controlling the manner in which the skin is constricted.

The constriction member is generally shown as having a diameter comparable to that of the housing. However, this should not be considered as  
5 limiting. Instead, the member may also be formed having a diameter greater or less than the diameter of the housing or other supporting structure. It is within the scope and intent of the present invention that the shape, size and other characteristics may be widely varied in order to provide a desired constricting of the skin to achieve the purposes set forth herein.

10 In an alternative embodiment, the constriction system utilizes several discrete members, rather than a single continuous member, which engage the skin and pinch it inwardly. Referring in particular to FIGS. 11-14, there is shown an embodiment of the constriction system in combination with alternative lancing, sampling and testing systems. In this version, the sampling system comprises a  
15 test strip 26 including a constricting system 27 attached to the underside thereof. The constricting system is shown as including several discrete, deformable elements 28, each element defining a surface 29 to engage the skin and move it inwardly to constrict the skin in the manner described with respect to the prior embodiments. This embodiment is shown in the drawings as including several  
20 arm-like structures, although various other shapes of the constricting elements are also suitable.

In the use of a plurality of discrete elements, the positioning of such elements is variable. It is preferred that the elements are selected to be spaced apart and to generally surround the incision site. The elements are therefore  
25 preferably provided such that at least two elements are positioned to be on opposite sides of the incision site, but also any additional number of elements may be included. In a preferred embodiment, the elements include skin-engaging surfaces 29 positioned to fall within a circular pattern (FIG. 12). The elements preferably deform in a manner to move the skin-engaging surfaces in a radially-inward  
30 direction from the first positions to the second positions. In this embodiment, the

elements are then preferably positioned to be diametrically-opposed, or equi-radially spaced about the incision site.

The strip 26 is preferably combined in an integrated unit which further includes components for the purposes of incising the skin and collecting the produced fluid sample. The test strip includes a body 30 defining an opening 31, a capillary passageway 32, and a test area 33. A sealing ring 34 is attached to or formed integrally with the underside of the body 30 in a position surrounding the opening 31 and interior of the deformable arms 28. The sealing ring may be constructed from any material that will suitably conform to and seal with the skin, including silicon, urethane, rubber, latex and various other natural and synthetic materials that are biocompatible. Alternatively, the sealing ring may be formed from a hard material such as plastics, metal, ceramic or other materials in order to provide a seal when pressed against the user's skin.

The use of the test strip system 26 proceeds as follows. The test strip 26 is pressed against the skin such that the arms 28 engage the skin and deform inwardly, thereby creating and retaining a bulged skin area 35. The skin is drawn upward and inward to an extent that it bears against the sealing ring 34, forming a fluid tight seal therewith. This assures that any fluid exiting the incision will be retained within the opening 31, rather than moving out under the test strip body. The sealing ring further functions to press against the skin, thereby providing an additional expression force, and pulling on the skin to open the incision when formed. Also, the contact of the skin with the sealing ring locates the skin at a controlled position to facilitate the formation of the incision at a desired depth and position.

A lancing device 36 is extended downwardly through opening 31 to lance the skin to the desired, controlled depth. The lancet is then withdrawn (FIG. 14) and bodily fluid 37 is allowed to form at the incision site. When the fluid accumulates to a sufficient extent, it contacts the entrance of the passageway 32 and is drawn into and through the passageway by capillary action. The fluid moves to the test area 33, such as by wicking into an absorbent material 37, and there contacts the test reagent 38 positioned on top of the wicking material.

The fluid is thereby presented in the test area and can be tested by conventional means, such as by reacting the fluid with the test reagent and analyzing the reaction product by optical or electrochemical means. For example, shown diagrammatically in FIG. 14 is a light source 39 for directing light against the test reagent, and a blood glucose meter 40 for receiving light reflected from the test reagent. In conventional fashion, the meter analyzes the reflected light to determine the result of the reaction between the bodily fluid and the test reagent. In this manner, a wide variety of analytes and properties of the fluid may be determined. Such test systems are well known in the art and therefore are not further described herein.

This embodiment provides another example of an integrated device which combines the expression system with incising, sampling and/or testing of the bodily fluid. This embodiment also demonstrates a device which would be suitable for the use of deformable expression elements which could be formed to flex, or to deform in a partially or fully non-reversible manner. A test strip of this type is preferably used once and then discarded, and it would therefore be suitable to provide expression elements that deform in a permanent manner. In use, the test strip is pressed against the skin to automatically deform the expression arms, thereby grasping and constricting the skin. Bodily fluid expressed from the incision is collected and tested, and the test strip is thereafter disposable.

In a similar manner, the constriction system may use rigid, movable, skin-engaging elements. For example, as shown in FIGS. 15-17, the constriction system may include a plurality of non-deforming arms 41 pivotally attached to the housing 42 by attachment to support blocks 43 with pins 44. For simplicity of explanation, two opposed arms 41 are shown in the figures. However, any larger number of separate arms may also be used, preferably spaced evenly about the incision site.

The arms function in the same manner as described with respect to the deforming members of the prior embodiments. The arms have a first, radially-outward position (FIG. 15) at which they initially contact the skin. The arms are

pivotable about pins 44 to a second, radially-inward position (FIG. 16) in which the skin is pinched and bulges upwardly as previously described.

The arms may be constructed in various ways to provide the described functionality. The arms may be curved, angled or otherwise shaped to allow for movement from the outer position to the inner position to pinch the skin. The arms may be oriented to automatically pivot inward when pressed against the skin. Alternatively, the arms may be biased to the inward position by springs or other biasing means (not shown), which biasing may be released manually or automatically to urge the arms to the inner position. This movement occurs as the device is maintained in contact with the skin, and may occur automatically as the device is pressed against the skin. The arms may be constructed of any materials having suitable strength and rigidity, including various biocompatible plastics and metals.

This alternate embodiment is equally useful with the variety of additional components as described with respect to the previous embodiment. For example, the constriction members are useful as a stand-alone expression device, or in combination with various incising and/or sampling systems, optionally including testing systems. The expression system is shown in FIG. 16 in combination with an annular capillary lancet as described with respect to previous embodiments. In the use of this combination, the capillary 45 or other sampling device may have a recessed position (FIG. 15) displaced from the position for receiving fluid (FIG. 16). In that case, the capillary is moved downwardly toward the skin from the initial, displaced position to the fluid-receiving position to place the end opening of the capillary passageway at a location where it will contact the bodily fluid when it appears. The lancet 46 is extended beyond the capillary and incises the skin as previously described, and the resulting fluid contacts and enters the capillary passageway.

A further embodiment within the purview of the present invention is shown in FIGS. 18-20. The device 47 comprises a housing 48 having a deformable expression member 49 secured to the distal end. The expression member may be formed from a variety of materials as previously described, and may be attached by

any suitable means, including gluing or otherwise fastening the material to the housing. The expression member 49 is shown as having a generally rounded shape, although alternative shapes may be used. The member may include several projections 50 or other structures designed to engage the skin as described  
5 hereafter.

The expression member 49 is configured to have two stable positions with the member either extended or inverted, shown particularly in FIGS. 19 and 20, respectively. The member in the extended position is located adjacent the skin 51 in the area intended for fluid sampling. The device is then pressed against the skin  
10 and the member 49 inverts (FIG. 20), and in the process the skin is engaged and drawn into the cavity thereby formed in the expression member. This drawing in of the skin is facilitated by the engagement of the projections 50 with the skin. The member 49 thereby operates, in the manner previously discussed, to retain bodily fluid within the area and to apply pressure to the skin to facilitate the expression of  
15 fluid from an incision formed therein.

Once the bi-stable, dynamic bevel member 49 has been inverted (FIG. 20), the skin is lanced and the bodily fluid expressed from the incision. For example, the device 47 includes an annular capillary lancet system 52 as described and shown with respect to FIGS. 2-7. The system includes a capillary tube 53  
20 positioned within the housing 48 such that the end of the capillary will be proximate to the expression member 49 when such member is in the inverted position retaining the skin. The lancet 54 is extended beyond the end of the capillary tube and passes through a central opening 55 in the expression member to lance the skin. The lancet is then withdrawn and bodily fluid is expressed from the  
25 incision and through the opening 55. As the fluid sample grows it will make contact with the end of the capillary tube and will be drawn therein. Alternatively, the incision may be formed prior to applying the bi-stable member to the skin, but this is not preferred.

The opening 55 is sized to allow for the expression of the fluid from the  
30 incision. In one respect, the size of the opening is not critical, provided that it is large enough to permit the fluid to pass readily therethrough. In some instances,

however, it may be desirable to provide an opening of a given, minimum dimension in order to further enhance the expression of the fluid. The opening may have any desired shape, but it is typically round and preferably has a minimum dimension of about 2 mm, and more preferably at least about 7 mm.

5           The outer surface of the constriction member 49 may be configured in a variety of ways to promote engagement of the skin. In a preferred embodiment, the member 49 includes outwardly-extending projections 50 that will contact and grasp the skin as the member inverts. The member may alternatively include other surface features to promote the engagement of the skin, including various surface  
10       projections or textures, or treatments such as coatings which stick to the skin.

          The constriction devices of the present invention provide several advantages for the expression of a bodily fluid from an incision. As already described, the constriction of the skin maintains bodily fluid within the area of the incision site, and also applies a pressure to the skin that will tend to force fluid  
15       toward the incision. The constriction devices in certain embodiments also apply pressure to the skin in a manner which increases with the distance from the incision. For example, the drawing in of the skin by the bi-stable dynamic bevel will result in the skin being drawn the tightest in the area adjacent to the perimeter of the member 49, with less tension present toward the center. This provides a  
20       greater force at the perimeter to maintain the fluid therein, and to urge the fluid toward the center, and at the same time provides less tension toward the center in order to allow the fluid to move more freely toward and out of the incision. Correspondingly, the constriction devices in certain embodiments provide a pulling force at the center of the constricted space, thereby urging the incision open to  
25       facilitate the expression of bodily fluid from the incision.

          The present invention also contemplates the use of members which are pressed against the skin, as distinguished from constricting the skin, to enhance the expression of bodily fluid from an incision.

          In the embodiments of FIGS. 21-24, there are provided fluid expression  
30       devices, each of which includes a housing with a pressing element attached at the distal end thereof. The pressing element comprises a material having physical



properties and a configuration to provide the desired application of force against the skin.

In one aspect of the invention, the element is designed to press against the skin in a manner to apply pressure in a predetermined pattern that urges the desired  
5 bodily fluid to move toward the incision site. In one approach, the element is configured to apply the greatest pressure at the outermost position, and to provide less pressure inwardly thereof. In a second approach, the element is configured to apply pressure initially at the outermost position, and to thereafter apply pressure at successively inward locations as the element is further urged against the skin. In  
10 addition, both approaches can be combined in a single design.

Referring to the drawings, there is shown an expression device 56 including a housing 57 and a deformable, pressing member 58. The pressing member 58 is depicted as comprising a series of segments 59 distributed radially about the housing. Each segment is generally wedge shaped with the taper extending in the  
15 direction of the centerline of the housing. In addition, ridges 60 and 61 extend upwardly from the wedge-shaped bodies.

The expression device 56 is used by pressing the device against the skin 62 at the desired sampling site. In this embodiment, the segments 59 are deformable, either by flexing, or in a partially or fully non-reversible manner. For purposes of  
20 illustration, the device is hereafter described with respect to flexible elements. As the device is pressed into the skin, the flexible segments 48 are forced upward, and spread apart slightly. The wedge shape of the segments causes the pressing members to provide greater resistance nearer the perimeter of the housing 57, and lesser resistance in the direction toward the center of the device. The ridges 60 and  
25 61 further provide flexing characteristics of the segments, thereby varying the resistance to flexing afforded by such segments. The result is that the skin 64 extends upwardly into the open end of the housing, with the applied pressure against the skin being greatest at the radially-outermost positions, and lesser in the direction of the center of the housing (FIG. 22). This produces a pressure gradient  
30 in which the pressure on the skin decreases in the direction from the perimeter to the incision site. This urges bodily fluid along the gradient in the direction of the

incision. An incision 63 is formed generally at the center of the pressing segments, such as by use of an annular capillary lancet system 64, as described with respect to previous embodiments. The produced fluid 65 contacts the capillary passageway and is drawn therein.

5           As previously described, another aspect of the present invention is the fact that the pressing elements will tend to open the incision by pulling the skin in the radially-outward direction. As the device is pressed into the skin, the greater pressure applied at the outer portions will more firmly engage the skin and will apply this radially-outward force to the skin. Therefore, a stretching force is  
10   imparted to the skin, which will cause the incision to pull apart. In addition, the skin-engaging surfaces 66 of the flexible members 59 may be configured to increase the friction with the skin in order to further produce this stretching force. For example, projections such as shown in FIG. 18, or other surface features, may be provided on the surfaces 66 to cause the members to further grasp the skin as  
15   the device is pressed into the skin.

          It will be appreciated that the shape, size, material and other parameters for the pressing member can be varied in order to achieve the desired effects. For example, the pressing member 58 is shown as comprising several separate, but contiguous, members. Alternatively, the member 58 may be formed from several  
20   spaced-apart members, or may comprise a unitary, continuous member. While shown as having a wedge shape with upwardly extending ridges, the member may also have varying configurations with regard to cross-section, projections and the like. The pressing member may be formed from a single material or from a combination of materials, and a wide variety of materials may be used to obtain the  
25   desired physical characteristics. Such materials include, for example, various natural and synthetic materials, including polyvinyl chloride, silicon, urethane, and the like.

          The pressing member may also be configured to first apply pressure at radially outer locations, followed by pressure application radially-inward thereof.  
30   This can be accomplished in a variety of ways. For example, the pressing member may be positioned such that the skin-engaging surface is inwardly and rearwardly

angled such that contact with the skin first occurs at the radially outermost locations and moves progressively inwardly therefrom. Alternatively, the skin-engaging surface may be provided with projections which extend further in the radially-outermost locations.

5 Referring to FIGS. 23-24, there is shown another embodiment of an expression device including a deformable pressing member constructed in accordance with the present invention. The device 67 includes a housing 68 and a pressing member 69 attached thereto. This embodiment demonstrates the use of varying length projections 70-72 extending outwardly from the skin-engaging  
10 surface 73 of the pressing member 69. The outermost ring 70 extends the farthest and will therefore engage the skin first as the device is pressed against the skin. The second ring 71 will next engage the skin, followed by the third ring 72, as the device is moved further against the skin. In this manner, a force will first be applied by the outer ring 70, and this force will be the greatest applied against the  
15 skin as the device is advanced. The result is that the expression device 67 will apply compressive forces against the skin which move progressively inward, and which reduce in amount in the same, radially-inward direction. Each of these conditions will urge bodily fluid toward the centerline of the device, thereby promoting the expression of the fluid from a centered incision. It will be  
20 appreciated that this effect may be accomplished whether the pressing member is deformable, e.g., flexible, or not, although a flexible pressing member is preferred.

The embodiments of FIGS. 21-24 further demonstrate that the pressing member may be mounted to the housings in various ways. In the embodiment of FIG. 21, for example, the pressing member is mounted within the supporting  
25 housing 56. The pressing member may alternatively be mounted at the end edge of the housing, on the exterior of the housing as shown in FIG. 23, or in any other manner that positions the skin in the desired location relative to the overall device, for example to enable lancing and/or sampling.

A variety of other expression systems utilizing members specially  
30 configured or operable to press the skin to express bodily fluid are also known in the art, and are useful in accordance with the present invention. In one

embodiment, the expression device includes a fixed pressing surface, typically annular in shape and preferably including an internal aperture having a minimum diameter, such as 6 mm. In particular respects, the pressing surface includes a surface which tapers inwardly and rearwardly, providing a frusto-conical shape that bears against the skin. Examples of such fixed, pressing surfaces are described in United States Patent Nos. 5,964,718 and 6,066,103. Alternatively, combination, rigid pressing members have also been disclosed in the art. For example, disclosed in United States Patent Nos. 5,951,493, 6,071,250, and 6,319,210 are expression devices which include a first, outer pressing member and a second, inner pressing member. The pressing members are generally coaxial, and may be pressed against the skin either separately or at the same time. In one aspect, the members are pressed against the skin in a particular pattern, such as by first pressing the outer member against the skin and then pressing the inner member against the skin to urge the bodily fluid to move toward a central incision site. In another aspect, the members are pressed in an alternating pattern to knead the skin and form a peristaltic pumping of the fluid.

Other pressing systems have also been identified for urging bodily fluid toward an incision site. For example, in United States Patent Nos. 5,951,493, 6,071,250, and 6,319,210 there are described expression systems that include a coil spring that is pressed against the skin. The use of rollers that press against the skin and are then moved radially inward to push fluid toward the center are described in United States Patent Nos. 5,951,493 and 6,332,871.

The present invention further contemplates the combination of the foregoing expression systems. It will be apparent from the drawings that the expression systems are directly combinable to provide the advantages of the separate systems in a single device. For purposes of further illustration, exemplary combinations of the expression systems are provided hereafter. For example, referring to FIG. 25, there is shown a testing device 74 including a housing 75 and a combination expression system 76 secured thereto. The expression system includes a constriction member 77 shown in the inner, constricting position forming the bulged pinch of skin 78. In addition, a deformable pressing member

79 is mounted in the interior of the housing 75 and is positioned to also bear on the pinch of skin 78.

As this embodiment demonstrates, the combination of the different expression systems provides a device that achieves expression in ways, and to an extent, which may not be available from the individual systems. In one sense, the combination such as shown in FIG. 25 provides the constricting function of the constriction member 76, and the pressing function of the deformable pressing member 79. In addition, it will be noted that the combination causes each system to operate somewhat differently from what might occur separately. For example, the addition of the pressing system provides additional pressure for expressing fluid, and also provides additional forces to help pull and maintain the incision open after it has formed. On the other hand, the addition of the constricting member to the deformable pressing system helps to retain fluid in the area of the skin where the pressing member is bearing against the skin. The application of a pressing member alone is accomplished by pushing the member against the skin, which may exclude fluid that is not within the perimeter of the pressing member, and further may force some fluid out of the pressing area as the device is pressed against the skin. However, in accordance with the combined system, the pressing member does not bear against the skin until the skin has already been engaged by and pulled inward by the constricting system. The skin is actually pulled up against the pressing member. Therefore, the pressing member will not exclude or force out bodily fluid in the same manner that may otherwise occur without the constricting member, and the result is that additional fluid may be available at the incision site.

The following embodiments further demonstrate that the expression systems are readily adapted for use with various incising, sampling and/or testing devices. Referring in particular to FIGS. 26-29, a typical lancing device is shown except that it has been modified to include an exemplary expression system in accordance with the present invention. The basic lancing device, absent the expression system, is further described in United States Patent No. Re 35,803, the disclosure of which is hereby incorporated by reference. Therefore, for illustrative

purposes, only the major components of said device are shown in the drawings and described herein.

The lancing device 201 includes a housing 202 which contains a lancet drive mechanism 203 and a lancet holder 204. The drive mechanism includes a  
5 rotatable sleeve 205 and a spirally-wound, coiled spring 206 coupled between the housing and the rotatable sleeve. The lancet holder 204 is longitudinally slidable within the sleeve 205 and includes arms 207 with end lugs 208 that are receivable within recesses formed in a lancet component. The lancet component 209 includes  
10 a body 210 and a lancet tip 211. The lancet body defines a circumferential recess 212 which receives the end lugs 208 of the arms of the lancet holder 204. The lancet 209 is thereby longitudinally movable inside of the sleeve 205 in concert with the movement of the lancet holder 204.

The rotatable sleeve 205 includes a drive pin 213, and the lancet holder 204 defines a driver cam 214. The driver cam includes a first cam segment 215 to  
15 allow for cocking of the mechanism. The driver cam further includes a second, symmetrical, arcuate cam segment 216 to provide for projection and withdrawal of the lancet tip relative to the housing opening 217 formed in the pressing member 218 of the housing. An outer ring 219 connects with the rotatable sleeve 205 and upon rotation of the outer ring the sleeve is also rotated to tension the spring 206 as  
20 the drive pin 213 moves within the first cam segment 215. The rotatable sleeve automatically locks once in the fully tensioned position.

Upon pressing a lock release button 220, the sleeve rotates back to its original position. During this return rotation, the drive pin 213 moves within the second cam segment 216, causing the lancet holder and lancet initially to translate  
25 longitudinally of the sleeve 205 and housing 202 in a direction to drive the lancet tip to incise the skin. The lancet tip 211 is immediately thereafter withdrawn by operation of the second cam segment 216 of the lancet holder.

The pressing member extends to an annular surface 221 and defines slots 222 and 223 adjacent thereto. Three pivoting expression arms 224 are secured to  
30 the housing in equi-radially spaced positions by means of yokes 225 and pins 226.

Each arm 224 has a first, spread position (FIG. 26), and is movable from this initial position to the second, constricting position (FIG. 28).

A test strip 227 is received within the slots 222-223 and includes an aperture 228 which is thereby positioned in line with the lancet 211. The test strip  
5 includes a capillary passageway (not shown) that extends from an inlet opening which communicates with the aperture 228 to a test region 229. The test region includes suitable reagent to interact with the bodily fluid which is received in the test region. An optical test device 230 is mounted to the housing and is positioned to evaluate the results of the reaction in the test region.

10 In accordance with the present invention, the integrated device 201 is operable as follows. The device is pressed against the skin and the arms 224 are manipulated from the open position to the constricting position (FIG. 28). The skin 231 is thereby drawn in to form a raised pinch of skin that bears against the annular surface 221. The lancet 211 is then advanced through the aperture 228 in  
15 the test strip and incises the skin. As a fluid droplet forms, it contacts the capillary passageway of the test strip 227 and is transported to the test region 229. The fluid then reacts with the reagent provided in the test region, and the results are read by the test device 230.

The foregoing description provides a representative sample of a lancing  
20 device useful in accordance with the present invention. It will be appreciated, however, that the particular lancing device and method are not limiting to the present invention, which finds utility with innumerable lancing systems. By way of further example, other representative lancing mechanisms include those shown in United States Patent Nos. 4,924,879, issued to O'Brien on May 15, 1990;  
25 5,879,311, issued to Duchon et al. on March 9, 1999; 5,857,983, issued to Douglas et al. on January 12, 1999; 6,015,392, issued to Douglas et al. on January 18, 2000; 6,048,352, issued to Douglas et al. on April 11, 2000; 6,183,489, issued to Douglas et al. on February 6, 2001; 5,951,492, issued to Douglas et al. on September 14, 1999; 5,951,493, issued to Douglas et al. on September 14, 1999; 6,332,871, issued  
30 to Douglas et al. on December 25, 2001; 5,964,718, issued to Duchon et al. on

October 12, 1999; 6,066,103, issued to Duchon et al. on May 23, 2000; and 6,086,545, issued to Roe et al. on July 11, 2000.

An alternate, totally integrated fluid monitoring device is shown in FIG. 30.

The integrated device 301 includes a housing 302 which includes or supports  
5 components operable to lance, express, sample and test bodily fluids. The housing includes a first member 303, a cylindrical extension member 304, and an expression system 305. The device 301 is shown in FIG. 30 as being contacted against the skin 306 in the position prior to expression of bodily fluid.

The components of the integrated device 301 are shown in detail beginning  
10 in FIG. 31. The cylindrical member 304 is mounted within a cavity 307 defined by the first member 303, and is secured therein, such as by a press fit or by gluing. The cylindrical member 304 defines an interior passageway 308, and a lancet 309 is received therein. The space between the lancet and the cylindrical member therefore defines an annular passageway, which is sized to provide a capillary  
15 attraction to the desired bodily fluid, as later described.

The lancet 309 is mounted to a lancet carrier 310 which includes an extension 311. The extension passes through an aperture 312 formed in an interior wall 313 of the member 302. The member 302 further defines a chamber 314 in which the extension 311 is received. A lancet button 315 is received through an  
20 aperture 316 in the member 302 and includes a mounting yoke 317 which is connected with the lancet carrier extension 311. A coil spring 318 is positioned around the extension 311 and is bears at one end on the yoke 317, and at the other end on the wall 313. In this manner, pressure applied against the button 315 will urge the lancet beyond the distal end 319 of the cylindrical member 304 for lancing  
25 the skin. Upon release of the downward pressure, the spring 318 will withdraw the lancet back into the cylindrical member 304, thereby removing the lancet from the incision formed in the skin.

The device 301 further includes an expression system 305 attached to the cylindrical member 304. In particular, the expression system includes a cylindrical  
30 expressing member 320 secured to a support 321 which is in turn attached to or formed integrally with the cylindrical member 304. The expressing member 320 is



deformable to facilitate the expression of fluid from an incision positioned interior of the member. The expressing member has an initial condition in which the skin-engaging surface 322 contacts the skin at a radially-outward position (FIG. 31). Upon further pressing the device 301 against the skin, the member 320 deforms  
5 inwardly, thereby grasping and moving the skin upward and inward to a constricted position (FIG. 32). This movement applies pressure against the skin to hold bodily fluid within the constricted area and to urge the fluid toward the center.

A test strip 323 is received through an aperture 324 in the wall of the cylindrical member 304. The test strip extends within the annular passageway  
10 between the lancet 309 and the interior of the cylindrical member 304, and therefore is in position to be contacted by fluid received in the passageway. A window 325 is located in the side of the cylindrical member 304 at a position to allow the test strip to be viewed from the exterior of the device. Therefore, the results of a reaction between the bodily fluid and the test strip can be observed  
15 through the window 325. Alternative test systems, including optical and electrochemical systems for example, are equally useful in accordance with the present invention.

The integrated device is operable to provide complete lancing, expressing, sampling and testing of a bodily fluid as follows. As shown in the drawings, the  
20 device 301 is initially positioned against the skin at the locating desired for fluid acquisition. The device is then pressed against the skin sufficiently to deform the expressing member 320, as shown in FIG. 32. This results in the creation of a raised pinch of skin 326. A force is then applied to the button 315 to move the lancet downwardly into the skin to form an incision 327. The force is immediately  
25 released from the button and the lancet retracts from the incision into the cylindrical member, as shown in FIG. 32. A droplet of bodily fluid will begin to form at the incision site, facilitated by the expressive forces applied to the skin by the expressing member 320.

As the droplet grows in size, it contacts the end opening of the passageway  
30 308 and is drawn in by capillary action. The fluid sample continues to be drawn into the passageway until it contacts the test strip 323. The test strip is selected to

provide a test of the desired constituent or property of the bodily fluid being sampled. The results are obtained by optical detection of the reaction through the window 325.

It will be appreciated from the foregoing descriptions that the several forms of expression comprising the present invention are useful independently of the presence or type of incising, sampling or testing systems. In certain embodiments, however, the expression mechanisms and methods are combined with incising, sampling and/or testing systems. It will be appreciated by those skilled in the art that the function of the expression system is achieved independent of the incising and sampling systems, and therefore is useful with a variety of such systems as are known in the art. However, the expression systems are advantageously combined with incising and sampling systems in a single, integrated device. Because the expression is achieved essentially independently of these other systems, the expression system is readily adapted as an additional component of such devices. It will similarly be appreciated that the integrated device may also combine testing means to test desired constituents or characteristics of the fluid sample that has been acquired. Further, this integrated operation is available for all of the expression systems described herein. For example, the expression systems are useful in combination with a wide range of incising, sampling and testing systems, including those herein described in the description of the prior art and elsewhere, and the disclosures of such patents are hereby incorporated by reference.

As shown in the drawings, such an integrated device preferably operates such that the device does not have to be repositioned at any time during the process of incising, expressing, and/or sampling. More specifically, the device preferably carries incising, expressing, sampling and testing systems to perform a complete, integrated monitoring of the bodily fluid. In accordance with this approach, the device is moved against the skin and is maintained in this position while the incision is formed, and also while the resulting fluid droplet develops and is carried into the sampling device. The fluid is then analyzed by the test system and the result of the analysis is provided to the user. All of these actions therefore may be

accomplished by a single, integrated unit, providing a simple, quick and reliable method for acquiring and testing a bodily fluid.

Moreover, the combination of the various systems in a single unit assures that the separate systems will be properly coordinated in use. The timing for the  
5 formation of the constricted pinch of skin and the lancing of the skin can be controlled automatically, or by manual operation by the user. The positions of the incision site and of the sampling capillary tube are predetermined to optimize the acquisition of the fluid formed at the incision site. This reduces the potential for a user to fail to successfully collect the fluid that is produced.

10 While the invention has been illustrated and described in detail in the drawings and foregoing description, the same is to be considered as illustrative and not restrictive in character, it being understood that only the preferred embodiment has been shown and described and that all changes and modifications that come within the spirit of the invention are desired to be protected.

**What is claimed is:**

1. A device for expressing bodily fluid from an incision in the skin, the incision being formed at an incision site, the device comprising:  
a body; and  
5 a member connected with said body and defining opposed, skin-engaging surfaces, said member having a first condition with the skin-engaging surfaces contacting the skin and located at initial, outer positions, said member having a second condition with the skin-engaging surfaces engaging the skin and located at constricting, inner positions, the skin being drawn inward as the skin-engaging  
10 surfaces move from the outer positions to the inner positions, the skin being constricted by the skin-engaging surfaces in the inner positions.
2. The device of claim 1 in which said member comprises a member deformable between the first and second conditions.
3. The device of claim 2 in which said member is flexible and  
15 reversibly flexes between the first and second conditions.
4. The device of claim 3 in which said member is comprised of a material selected from the group consisting of silicone, urethane, polyvinyl chloride, and delrin.
5. The device of claim 2 in which said member is deformable in a  
20 manner that is at least partially irreversible.
6. The device of claim 2 in which said member is configured to deform to move the skin-engaging surfaces from the first positions to the second positions upon pressing the member against the skin.
7. The device of claim 2 in which said member comprises a single,  
25 continuous member defining at least two opposed, skin-engaging surfaces.
8. The device of claim 7 in which said member comprises a continuous, perimetric surface defining the opposed, skin-engaging surfaces.
9. The device of claim 8 in which said member comprises a circular surface defining the skin-engaging surfaces.

10. The device of claim 8 in which said member comprises a plurality of separate, contiguous elements defining the continuous, perimetric skin-engaging surfaces.

11. The device of claim 7 in which said member is flexible and  
5 reversibly flexes between the first and second positions.

12. The device of claim 11 in which said member is comprised of a material selected from the group consisting of silicone, urethane, polyvinyl chloride, and delrin.

13. The device of claim 11 in which said member is configured to  
10 deform to move the skin-engaging surfaces from the first positions to the second positions upon pressing the member against the skin.

14. The device of claim 2 in which said member comprises a plurality of separate elements, each element defining a skin-engaging surface.

15. The device of claim 14 in which the separate elements are spaced  
15 apart.

16. The device of claim 1 in which said member comprises a plurality of separate, rigid elements, each element defining a skin-engaging surface and being movable between the first and second conditions.

17. The device of claim 16 in which the separate elements are spaced  
20 apart.

18. The device of claim 17 in which the separate elements are movable to move the skin-engaging surfaces in a radially-inward direction from the first positions to the second positions.

19. The device of claim 18 in which the separate elements are arranged  
25 to have the skin-engaging surfaces fall within a circular pattern in the first positions.

20. The device of claim 16 in which the separate elements pivot to move the skin-engaging surfaces from the first positions to the second positions.

21. The device of claim 20 in which the separate elements are arranged  
30 to have the skin-engaging surfaces fall within a circular pattern in the first positions, and in which the separate elements are pivotable to move the skin-

engaging surfaces in a radially-inward direction from the first positions to the second positions.

22. The device of claim 1 and which further includes a second expression member positioned to express the bodily fluid from the incision.

5 23. The device of claim 1 and which further includes a sealing ring attached to said body and positioned interior of said member, the sealing ring being positioned to be in contact with the skin when the skin is drawn inward with the skin-engaging surfaces in the inner positions.

10 24. The device of claim 1 and which further includes an incising mechanism connected to said body and positioned to incise a person's skin at a location interior of said member.

25. The device of claim 24 in which said incising mechanism comprises a lancing device positioned to lance the person's skin.

15 26. The device of claim 25 in which said lancing device comprises an annular capillary lancet, the annular capillary lancet including a capillary tube and a lancet received within the capillary tube.

27. The device of claim 25 in which said body comprises a test strip.

28. The device of claim 1 and which further includes a sampling device connected to said body.

20 29. The device of claim 28 in which said sampling device includes an inlet, said sampling device having a fluid-receiving position for receiving the bodily fluid expressed from the incision.

25 30. The device of claim 29 in which said sampling device is retained in the fluid-receiving position when the skin-engaging surfaces move from the outer positions to the inner positions.

31. The device of claim 29 in which said sampling device further includes a second position displaced from the fluid-receiving position, said sampling device being movable from the second position to the fluid-receiving position with the skin-engaging surfaces in the inner positions.

30 32. The device of claim 28 in which said sampling device includes a capillary tube defining a passageway communicating with the inlet opening.

33. The device of claim 28 in which said sampling device includes a test strip.

34. The device of claim 28 and which further includes a test system connected with said body and in fluid communication with said sampling device.

35. The device of claim 28 and which further includes an incising mechanism  
5 connected to said body and positioned to incise a person's skin at a location interior of said member.

36. The device of claim 35 in which said incising mechanism comprises a lancing device positioned to lance the person's skin.

37. The device of claim 35 and which further includes a test system connected  
10 with said body and in fluid communication with said sampling device.

38. A device for expressing bodily fluid from an incision in the skin, the incision being formed at an incision site, the device comprising:

a body defining a cavity; and

a bi-stable expression member connected with said body adjacent to the  
15 interior cavity and including a portion having first and second stable conditions, said portion in the first stable condition being outwardly bulged relative to said body, said portion in the second stable condition being inverted and received within the cavity of said body, said portion including an exterior skin-engaging surface and defining an aperture communicating between the exterior skin-  
20 engaging surface and the cavity of said body, the skin-engaging surface engaging the skin and drawing the skin into said member as said portion inverts from the first condition to the second condition.

39. The device of claim 38 in which said member is configured to  
25 automatically invert from the first condition to the second condition upon pressing said member against the skin.

40. The device of claim 38 in which said body comprises a cylindrical portion including a ring-shaped end surface, and in which said member comprises a semi-spherical member including a circular rim secured to the cylindrical end portion.

41. The device of claim 38 in which the exterior skin-engaging surface of said  
30 member includes a plurality of projections for engaging the skin as said member inverts from the first condition to the second condition.

42. The device of claim 38 in which the aperture has a *minimum dimension* of at least about 2 mm.
43. The device of claim 42 in which the aperture is round and has a diameter of at least about 7 mm.
- 5 44. The device of claim 38 and which further includes an incising mechanism connected to said body and positioned to incise a person's skin at a location interior of said member.
45. The device of claim 44 in which said incising mechanism comprises a lancing device positioned to lance the person's skin.
- 10 46. The device of claim 45 in which said lancing device comprises a lancet positioned and operable to incise the skin through the aperture in said member.
47. The device of claim 38 and which further includes a sampling device connected to said body.
48. The device of claim 38 and which further includes a test system connected  
15 to said body and in fluid communication with said sampling device.
49. The device of claim 38 and which further includes an incising mechanism connected to said body and positioned to incise a person's skin at a location interior of said member.
50. The device of claim 49 in which said incising mechanism comprises a  
20 lancing device positioned to lance the person's skin.
51. The device of claim 50 and which further includes a test system connected to said body and in fluid communication with said sampling device.
52. A device for expressing bodily fluid from an incision in the skin, the incision being formed at an incision site, the device comprising:
- 25 a body; and
- a member connected with said body and including deformable portions defining opposed, skin-engaging surfaces, said member having a first condition with the skin-engaging surfaces contacting the skin and located at first positions, said member having a second condition with the skin-engaging surfaces engaging  
30 the skin and at second positions displaced from the first positions, the deformable portions being configured to deform from the first positions to the second positions



upon pressing of said member against the skin, the first condition of said member corresponding to said member being in contact with the skin and the second condition of said member corresponding to said member being pressed against the skin a sufficient amount to deform the portions from the first positions to the  
5 second positions.

53. The device of claim 52 in which the deformable portions are flexible and reversibly flex between the first positions and the second positions.

54. The device of claim 52 in which said member comprises a single, continuous member defining the opposed skin-engaging surfaces.

10 55. The device of claim 52 in which said member comprises a plurality of separate, contiguous elements defining the opposed, skin-engaging surfaces.

56. The device of claim 52 in which said member comprises a plurality of separate, spaced-apart elements defining the opposed, skin-engaging surfaces.

15 57. The device of claim 56 in which the separate elements are arranged to have the skin-engaging surfaces fall within a circular pattern in the first and second positions.

58. The device of claim 52 in which the skin-engaging surfaces include outer contact areas and inner contact areas, the deformable portions being configured to provide resistance to deformation which is greater at the outer contact areas than at  
20 the inner contact areas, said device thereby applying greater pressure to the skin at the outer areas as compared to the inner areas when said device is pressed against the skin.

59. The device of claim 52 in which the skin-engaging surfaces include outer contact areas and inner contact areas, the inner contact areas being recessed  
25 inwardly of the outer contact areas, said device thereby applying pressure to the skin first at the outer areas and second at the inner areas when said device is pressed against the skin.

60. The device of claim 52 and which further includes an incising mechanism connected to said body and positioned to incise a person's skin at a location  
30 interior of said member.

61. The device of claim 60 in which said incising mechanism comprises a lancing device positioned to lance the person's skin.
62. The device of claim 61 in which said lancing device comprises a lancet positioned and operable to incise the skin through the aperture in said member.
- 5 63. The device of claim 52 and which further includes a sampling device connected to said body.
64. The device of claim 52 and which further includes a test system connected to said body and in fluid communication with said sampling device.
65. The device of claim 52 and which further includes an incising mechanism  
10 connected to said body and positioned to incise a person's skin at a location interior of said member.
66. The device of claim 65 in which said incising mechanism comprises a lancing device positioned to lance the person's skin.
67. The device of claim 66 and which further includes a test system connected  
15 to said body and in fluid communication with said sampling device.
68. A method for expressing bodily fluid from an incision in the skin, the incision being formed at an incision site, the method comprising:
- providing an expression device including a body and a member connected with the body and defining opposed, skin-engaging surfaces, the member having a  
20 first condition with the skin-engaging surfaces contacting the skin and located at initial, outer positions, the member having a second condition with the skin-engaging surfaces engaging the skin and located at constricting, inner positions, the skin being drawn inward as the skin-engaging surfaces move from the outer positions to the inner positions, the skin being constricted by the skin-engaging  
25 surfaces in the inner positions;
- contacting the skin with the skin-engaging surfaces with the skin-engaging surfaces at the initial, outer positions; and
- moving the skin-engaging surfaces to the constricting, inner positions to draw the skin inward and to constrict the skin with the skin-engaging surfaces.
- 30 69. The method of claim 68 in which the member is deformable between the first and second conditions, and said moving comprises deforming the member.

70. The method of claim 68 in which the member is flexible and reversibly flexes between the first and second conditions, and said moving comprises flexing the member.

71. The method of claim 68 in which the member comprises a single,  
5 continuous member defining at least two opposed, skin-engaging surfaces.

72. The method of claim 68 in which the member comprises a plurality of separate elements, each element defining a skin-engaging surface, and said moving comprises moving each of the plurality of elements.

73. The method of claim 68 and which further includes incising the skin.

10 74. The method of claim 68 and which further includes collecting the bodily fluid.

75. The method of claim 74 and which further includes incising the skin.

76. The method of claim 74 and which further includes testing the bodily fluid.

77. The method of claim 76 and which further includes incising the skin.

15 78. A method for expressing bodily fluid from an incision in the skin, the incision being formed at an incision site, the method comprising:

providing an expression device including a body defining a cavity and a bi-stable expression member connected with the body adjacent to the interior cavity and including a portion having first and second stable conditions, the portion in the  
20 first stable condition being outwardly bulged relative to the body, the portion in the second stable condition being inverted and received within the cavity of the body, the portion including an exterior skin-engaging surface and defining an aperture communicating between the exterior skin-engaging surface and the cavity of the body, the skin-engaging surface engaging the skin and drawing the skin into the  
25 member as the portion inverts from the first condition to the second condition;

contacting the skin with the skin-engaging surface at the first, outwardly bulged condition; and

inverting the portion with the skin-engaging surface in contact with the skin to draw the skin into the member.

30 79. The method of claim 78 and which further includes incising the skin.

80. The method of claim 78 and which further includes collecting the bodily fluid.

81. The method of claim 80 and which further includes incising the skin.

82. The method of claim 80 and which further includes testing the bodily fluid.

5 83. The method of claim 82 and which further includes incising the skin.

84. A method for expressing bodily fluid from an incision in the skin, the incision being formed at an incision site, the method comprising:

providing an expression device including a body and a member connected with the body and including deformable portions defining opposed, skin-engaging  
10 surfaces, the member having a first condition with the skin-engaging surfaces contacting the skin and located at first positions, the member having a second condition with the skin-engaging surfaces engaging the skin and at second positions displaced from the first positions, the deformable portions being configured to deform from the first positions to the second positions upon pressing  
15 of the member against the skin, the first condition of the member corresponding to the member being in contact with the skin and the second condition of the member corresponding to the member being pressed against the skin a sufficient amount to deform the portions from the first positions to the second positions;

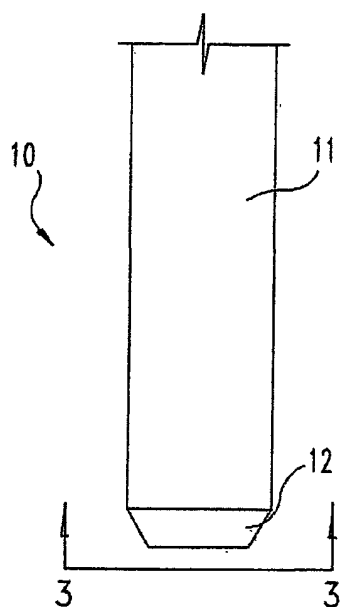
contacting the skin with the skin-engaging surfaces with the skin-engaging  
20 surfaces in the first positions; and

pressing the expression device against the skin and deforming the member to move the skin-engaging surfaces from the first positions to the second positions.

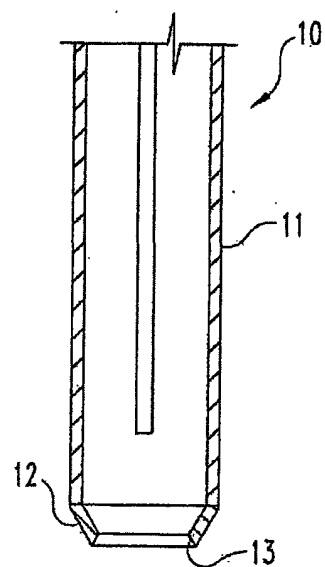
85. The method of claim 84 in which the deformable portions are flexible, and said deforming comprises flexing the deformable portions.

25 86. The method of claim 84 in which the skin-engaging surfaces include outer contact areas and inner contact areas, the deformable portions being configured to provide resistance to deformation which is greater at the outer contact areas than at the inner contact areas, the device thereby applying greater pressure to the skin at the outer areas as compared to the inner areas when the device is pressed against  
30 the skin.

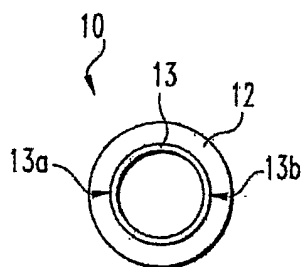
87. The method of claim 84 in which the skin-engaging surfaces include outer contact areas and inner contact areas, the inner contact areas being recessed inwardly of the outer contact areas, the device thereby applying pressure to the skin first at the outer areas and second at the inner areas when the device is pressed  
5 against the skin.
88. The method of claim 84 and which further includes incising the skin.
89. The method of claim 84 and which further includes collecting the bodily fluid.
90. The method of claim 89 and which further includes incising the skin.
- 10 91. The method of claim 89 and which further includes testing the bodily fluid.
92. The method of claim 91 and which further includes incising the skin.



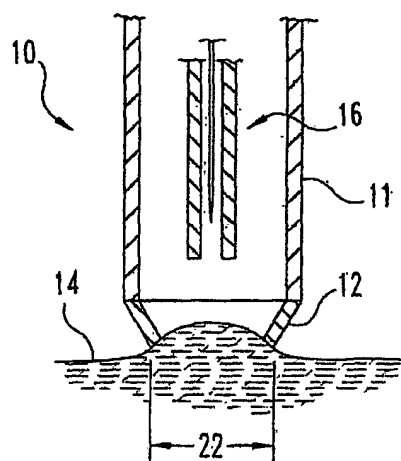
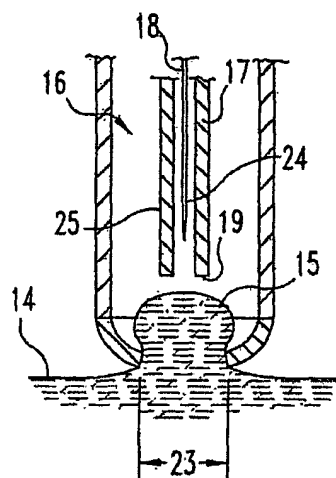
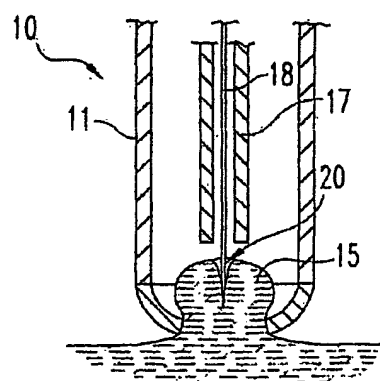
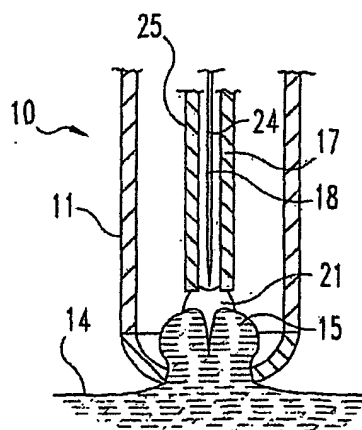
**Fig. 1**

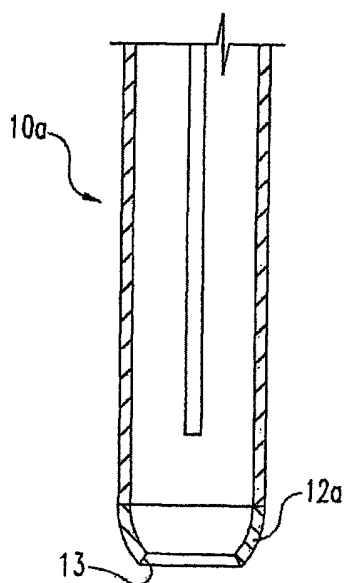


**Fig. 2**

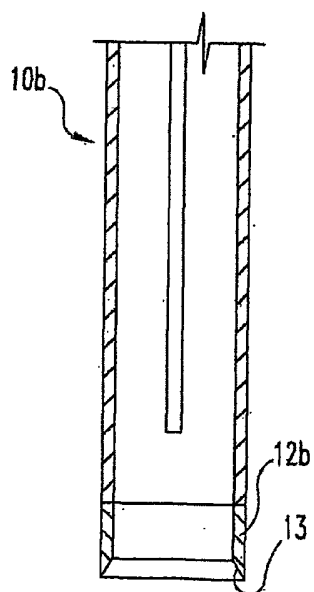


**Fig. 3**

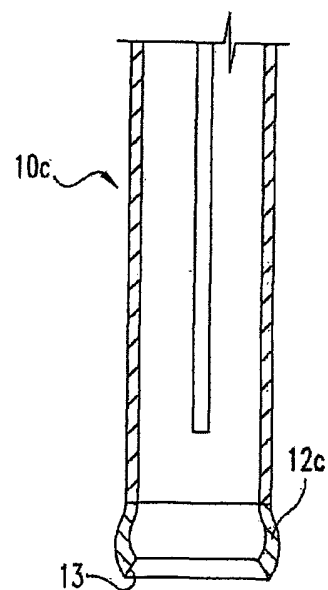
**Fig. 4****Fig. 5****Fig. 6****Fig. 7**



**Fig. 8**



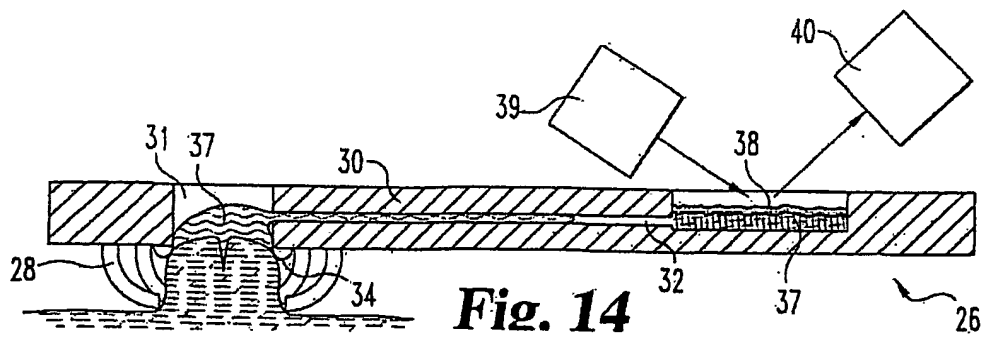
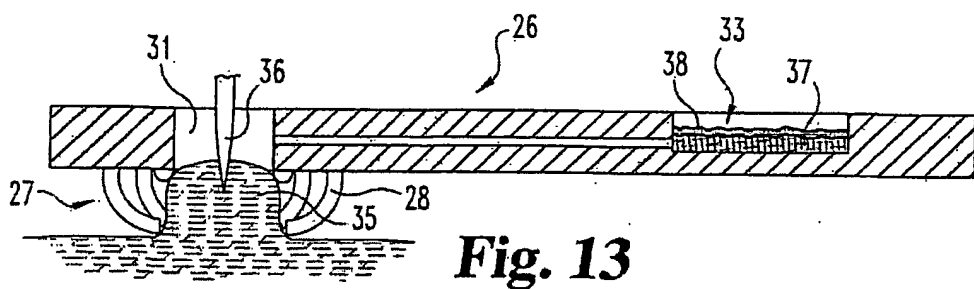
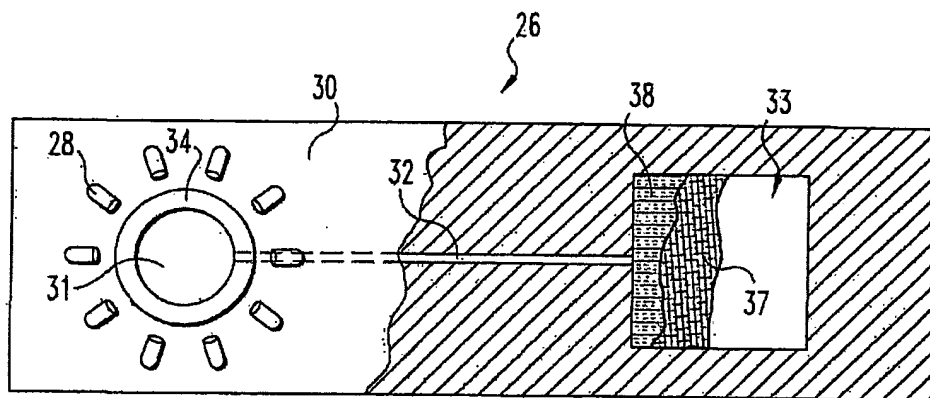
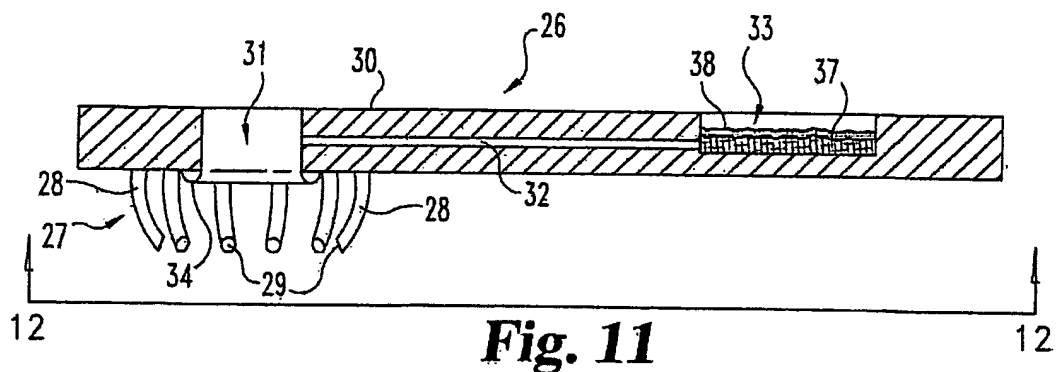
**Fig. 9**

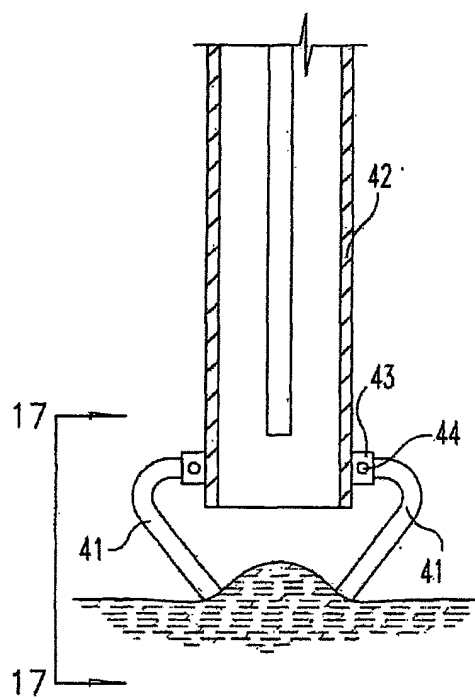


**Fig. 10**

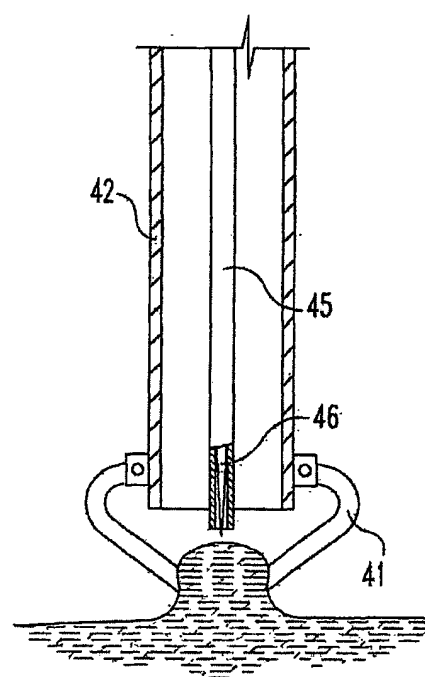


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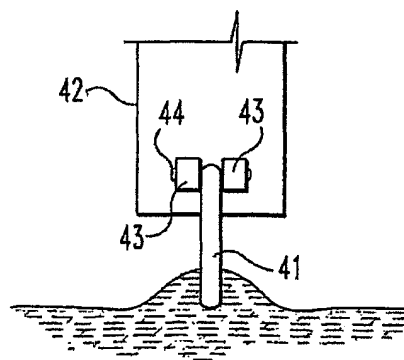




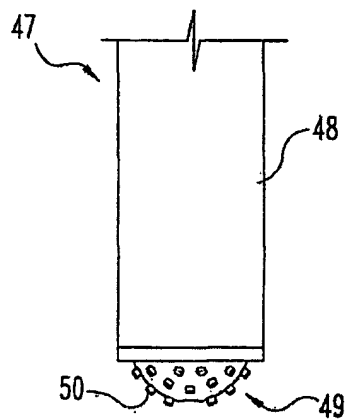
**Fig. 15**



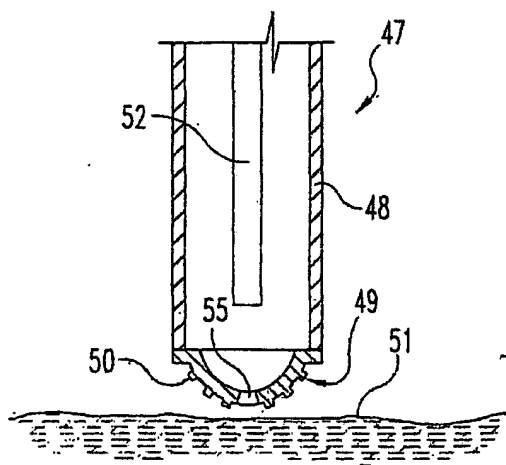
**Fig. 16**



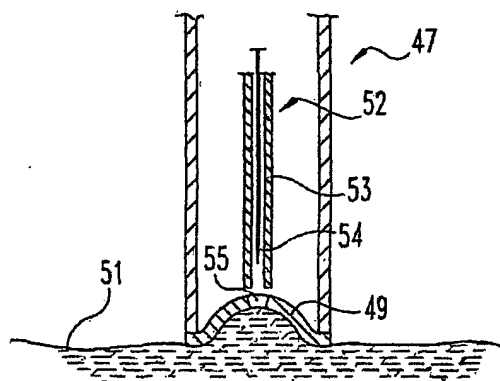
**Fig. 17**



**Fig. 18**

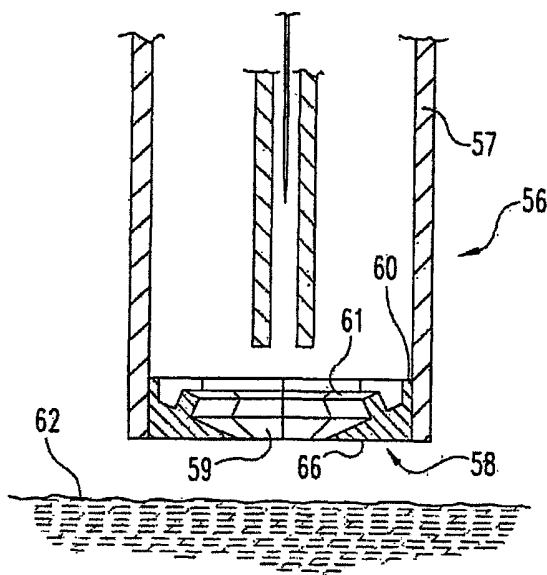


**Fig. 19**

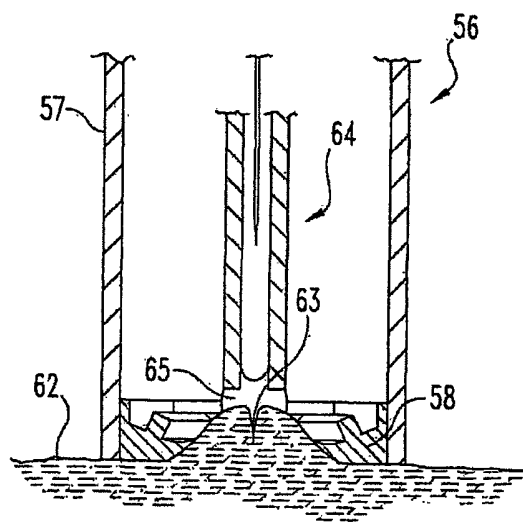


**Fig. 20**

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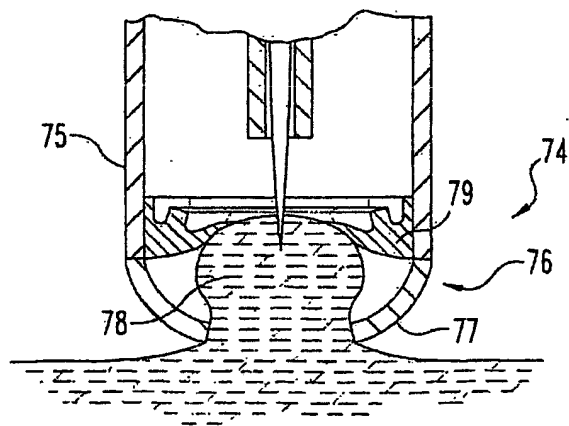
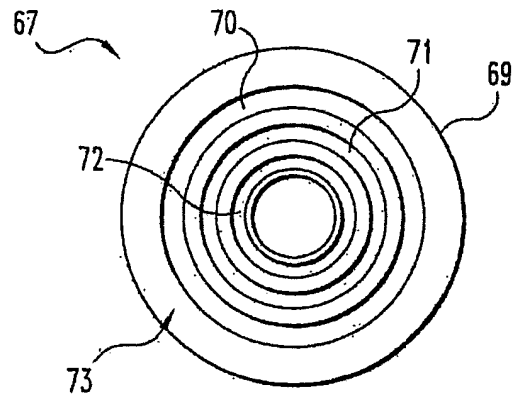
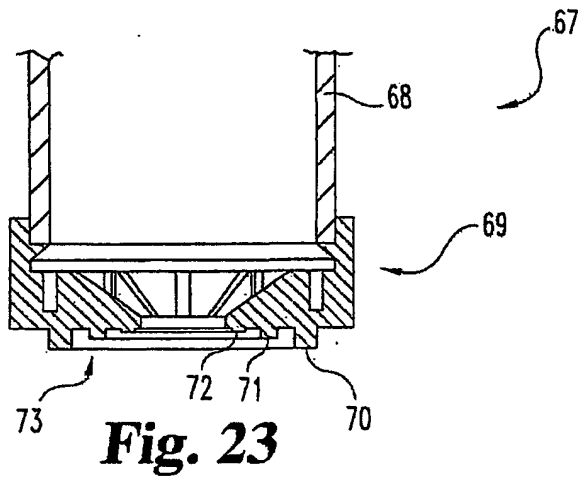


**Fig. 21**



**Fig. 22**

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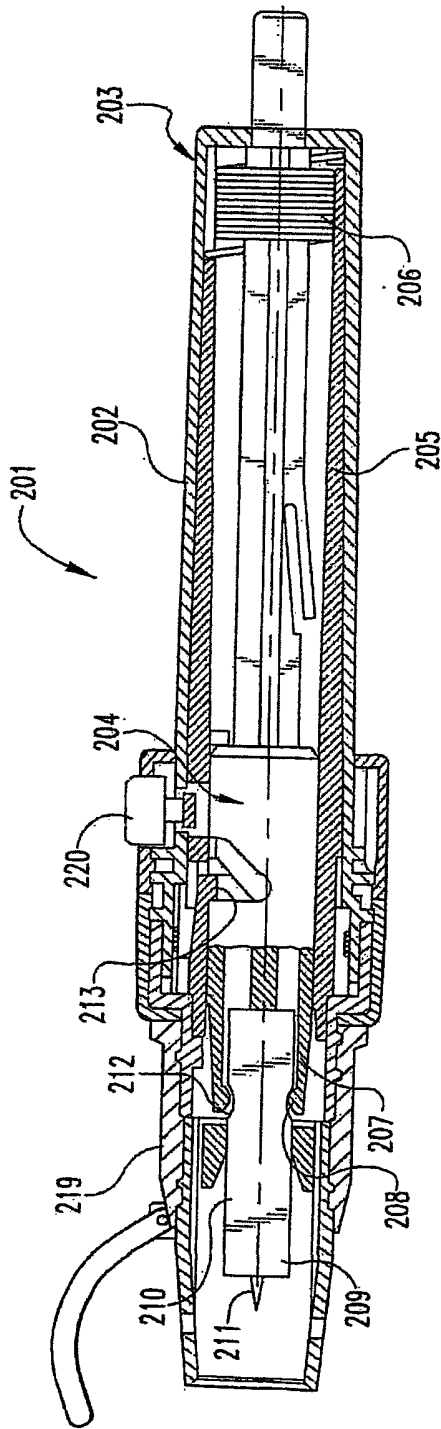


Fig. 26

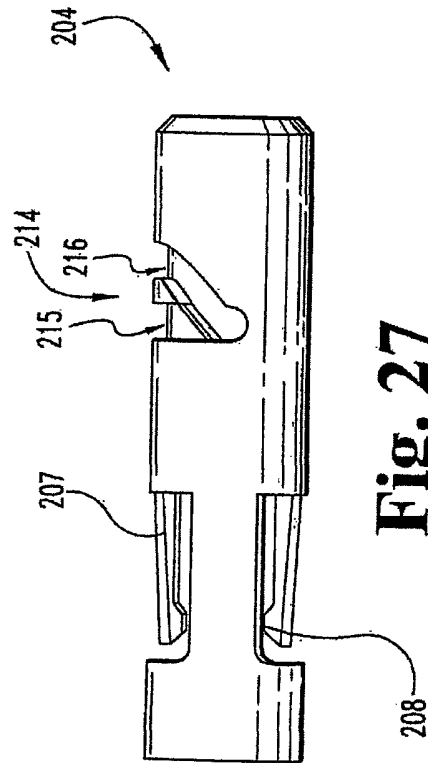
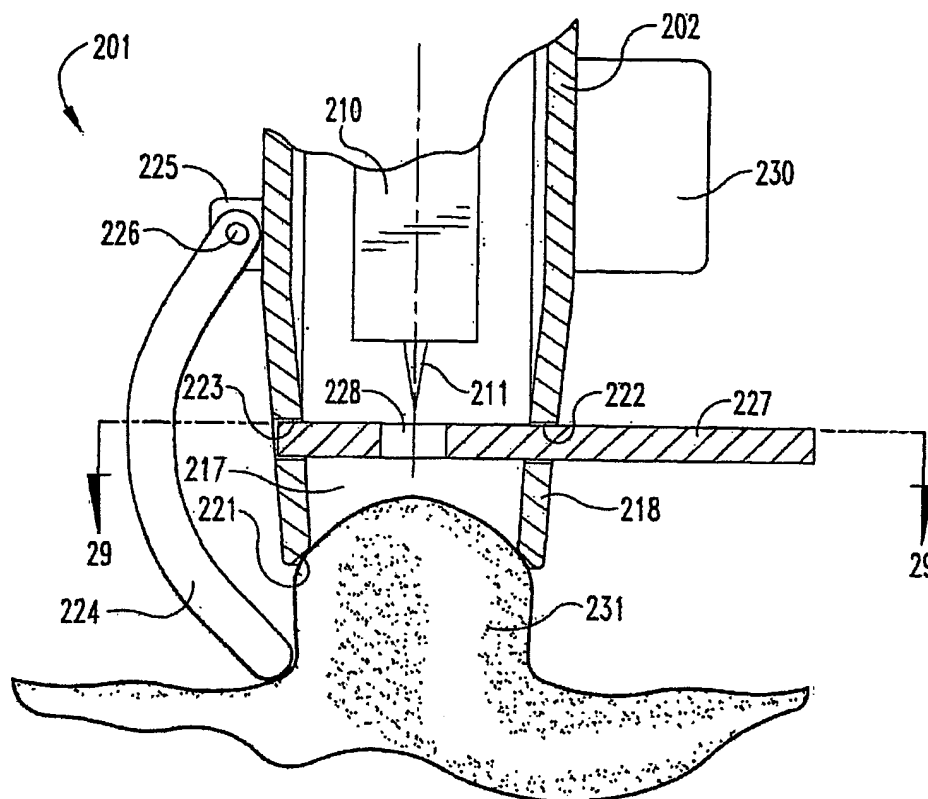
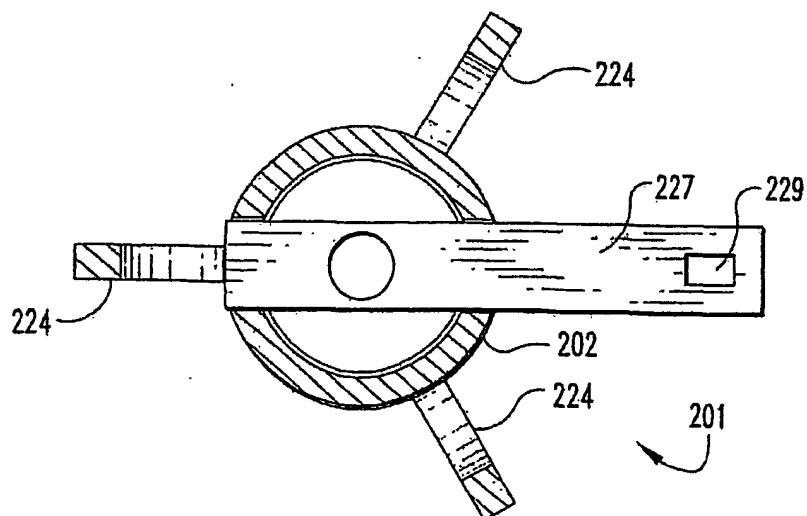


Fig. 27

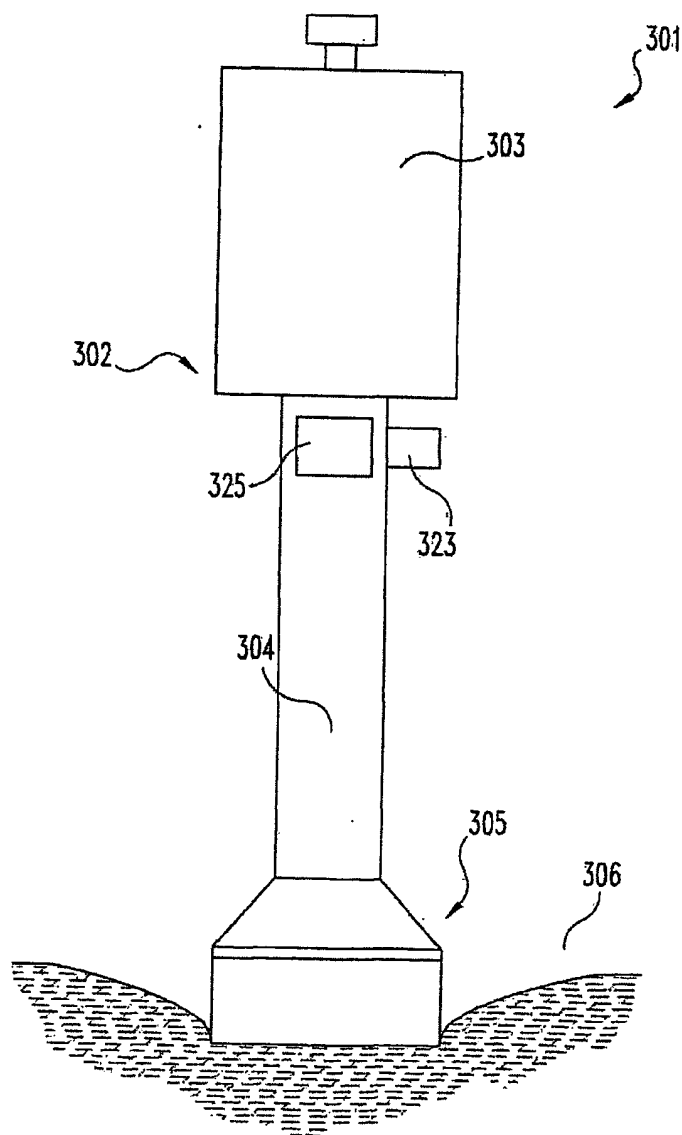
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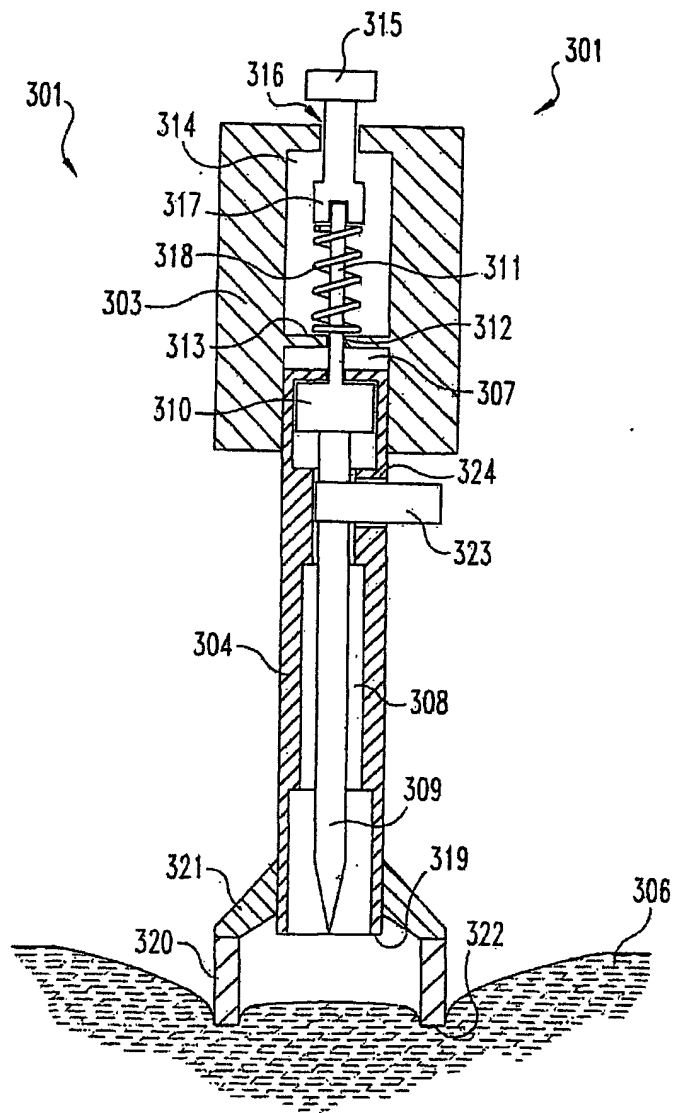
**Fig. 28**



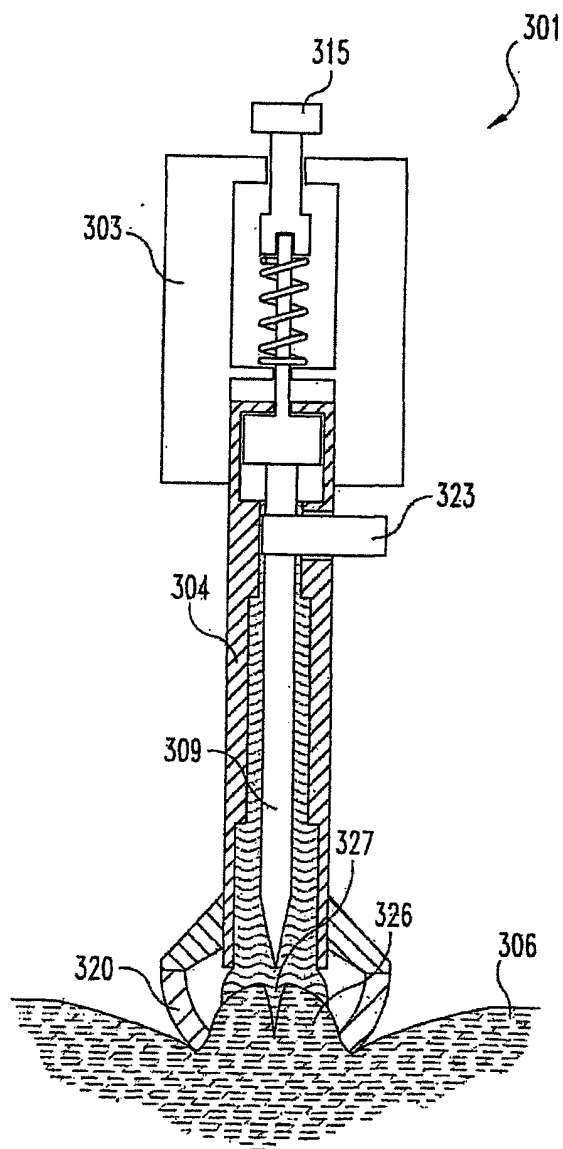
**Fig. 29**

**Fig. 30**





**Fig. 31**

**Fig. 32**

# INTERNATIONAL SEARCH REPORT

International Application No  
PCT/US 02/18161

A. CLASSIFICATION OF SUBJECT MATTER  
IPC 7 A61B5/15 A61B5/14

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)  
IPC 7 A61B

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

EPO-Internal, WPI Data, PAJ

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	WO 97 43962 A (MERCURY DIAGNOSTICS INC) 27 November 1997 (1997-11-27)  page 10, line 3 -page 15, line 2; tables 1-17	1-3, 5, 6, 9, 24, 25, 38-41, 44, 45, 50-53, 58-62, 66
A	WO 97 42882 A (MERCURY DIAGNOSTICS INC) 20 November 1997 (1997-11-20)  page 9, line 18 -page 13, line 27 page 15, line 1 - line 23; tables 1-8  --- -/--	1, 9, 24-29, 32-40, 45, 46, 48-52, 60-67

☒ Further documents are listed in the continuation of box C.

☒ Patent family members are listed in annex.

### \* Special categories of cited documents :

- \*A\* document defining the general state of the art which is not considered to be of particular relevance
- \*E\* earlier document but published on or after the international filing date
- \*L\* document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)
- \*O\* document referring to an oral disclosure, use, exhibition or other means
- \*P\* document published prior to the international filing date but later than the priority date claimed

- \*T\* later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
- \*X\* document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
- \*Y\* document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art
- \*Z\* document member of the same patent family

Date of the actual completion of the international search

4 September 2002

Date of mailing of the international search report

13/09/2002

Name and mailing address of the ISA  
European Patent Office, P.B. 5818 Patentlaan 2  
NL - 2280 HV Rijswijk  
Tel. (+31-70) 340-2040, Tx. 31 651 epo nl,  
Fax (+31-70) 340-3016

Authorized officer

Weihls, J

# INTERNATIONAL SEARCH REPORT

International Application No  
PCT/US 02/18161

C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT		
Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	US 3 741 197 A (REVILLET G ET AL) 26 June 1973 (1973-06-26) column 2, line 22 - line 50; table 1	2-4, 11, 12

# INTERNATIONAL SEARCH REPORT

national application No.  
PCT/US 02/18161

## Box I Observations where certain claims were found unsearchable (Continuation of Item 1 of first sheet)

This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. ☒ Claims Nos.: 68-92  
because they relate to subject matter not required to be searched by this Authority, namely:  
Rule 39.1(iv) PCT - Diagnostic method practised on the human or animal body
2. ☐ Claims Nos.:  
because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:
3. ☐ Claims Nos.:  
because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

## Box II Observations where unity of invention is lacking (Continuation of Item 2 of first sheet)

This International Searching Authority found multiple inventions in this International application, as follows:

1. ☐ As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.
2. ☐ As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
3. ☐ As only some of the required additional search fees were timely paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.:
4. ☐ No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

Remark on Protest

☐ The additional search fees were accompanied by the applicant's protest.

☐ No protest accompanied the payment of additional search fees.

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International Application No.

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